



# High Performance Athlete (HPA) Co-op Program

## The requirements for consideration for the HPA Co-op Program are:

1. The student-athlete must be involved in a qualifying sport\* and be competing at the provincial level or higher.
2. Training must be under the supervision of a certified coach (**not a parent/guardian**).
3. The student-athlete must meet a training hour requirement of 110 hours per credit.
4. Training season must align with the school year and semester.
5. Training must occur in an insured and licensed facility.
6. Completion of required documents:
  - a. [YRDSB High Performance Athlete Application Form](#)
  - b. [YRDSB HPA Coach's Reference Form](#)
  - c. [HPA Protocol Agreement](#)
  - d. [Provincial or National Sport Organization Verification Letter](#)
  - e. Signed [Co-op Statement of Understanding](#)
  - f. Subject [Teacher Reference Form](#) (for any student entering their FIRST year of the HPA program)
7. The student-athlete must successfully complete the HPA pre-counselling process.
8. The proposed training supervisor must meet the expectations of the pre-placement safety assessment as conducted by the teacher and be willing to sign the [HPA Protocol Agreement](#) and [Work Education Agreement](#).
9. The student-athlete must reapply for the program on a yearly basis.
10. All student-athletes enrolled in the HPA program are eligible to earn equivalent Cooperative Education credits related to their in-school courses. These credits count towards the requirements for an Ontario Secondary School Diploma.

\*Qualifying sports are based on the Board Qualifying Eligibility Document ([Eligible HPA Sports](#)) at the school level.