

Crosby Heights PS - Summer Institute Electives

****Available to youth entering Grades 4-8 only.**

Artzcool

You don't have to be an artist to be cool! If you like using your creativity, this is the place for you! Painting, drawing, colouring, collage making, crafts, and so much more! The sky is the limit because we try it all!

Ball Hockey

Participate in the ultra-popular summer sport of ball hockey. Participants will work on passing, shooting and game strategies.

Basketball

An emphasis on basketball fundamentals is provided: ball handling and dribbling, fast breaks, lay-ups, passing, rebounding, setting screens, and zone defense.

Fun Fitness

This fun and energetic elective will combine forms of dance, mindfulness, Zumba, jogging, and other movement styles to energize and motivate for a healthy lifestyle. Topics of mental health and healthy eating will also be addressed.

Game On

In GameOn, you will learn a new "high energy" game every day that you can play with your family and friends. Some of the games will range from "Capture the Flag", "Spud", "Frozen Critters" to various forms of dodgeball. Participants will also have an opportunity to create their own games.

Games Wizard

Invent your own reality! Learn about and play games such as chess, checkers, backgammon, minecraft, and wizards 101. Get ready to enjoy a week exploring and problem solving through themed and hands-on activities. Participants will work on different projects each week, incorporating concepts that will engage young minds.

Glee

Belt a note, sing your heart out and do a little dance! Inspired by the hit television show "Glee", you will be part of a performance where the emphasis will be on popular songs, group vocal harmonies, movement, staging and fun!

International Language - Mandarin Simplified

Provides any child with the opportunity to immerse themselves in an international language. Participants who register for this elective will learn about the language and culture through different mediums such as; art, music, and literature, while also learning to listen, speak, read and write in the international language.

Lights Camera Action

Attention all photographers & videographers! This is your opportunity to learn and develop your skills in digital photography and video filming! Learn how to capture and manipulate images with the latest digital cameras and leading edge digital editing software.

Naturally Curious

Take a closer look at the world outside your doorstep! Go on an insect safari, play some cool interactive nature games, make some nature crafts, learn how to be a nature detective, and become more aware of the wildlife that shares our city with us! This program will run outdoors, rain or shine.

Net Sports

Looking for fast- paced excitement? Learn the fundamentals of a variety of net games like badminton, tennis, table tennis and volleyball and apply them to game situations.

Ready, Set, Cook

Continues to offer the basics of food preparation and cooking. Participants will eat their daily creations and take home a recipe book at the end of each session.

Rhythm Fusion

Get a real BANG out of your summer! Explore your musical interests and create exciting pieces of music through a variety of kinesthetic forms such as drumming, body percussion, working with digital tools, and a variety of other instruments.

Robotics

Participants will be introduced to the LEGO Mindstorm technology program and work through this self-directed program at their own pace. Maximum of 2 participants per station.

Sew Crafty

Create cool crafts and hot trends in Sew Crafty! A hand sewing program that will teach you hand stitching and embroidery. Create one-of-a-kind pieces that will catch everyone's attention.

Soccer

"Pass, shoot and score!" In this elective, participants will make use of a variety of training equipment to take their soccer skills to the next level.

Ultimate Frisbee

Throws of 100 yards, vertical leaps and horizontal dives are all apart of Ultimate Frisbee. Join the thousands around the world who are quickly getting into this fast growing sport.

Wacky Science World

Get ready to enjoy a week jam-packed with discovery and exploration through themed, hands on activities in the wonderful world of science. Developed for budding scientists, participants will learn new and exciting concepts that will excite the scientist at heart.