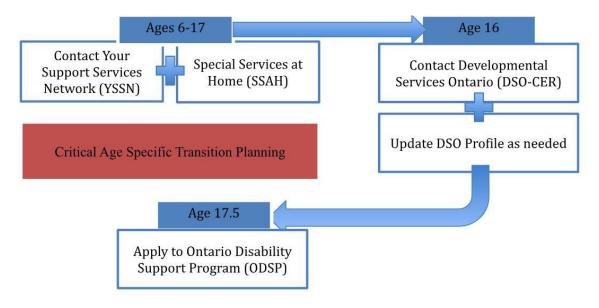


# TRANSITION RESOURCE DOCUMENT

Funding and Community Support Services

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# **Transition Planning Flow Chart**



# **Developmental Services and Supports**

This Transition Planning Resource Document is designed to assist parents and caregivers to understand and access community developmental supports and services in York Region.

**Connections:** A Guide to Transition Planning for parents of children with a developmental disability

# Make a Referral for Government Funded Support Services

**Developmental Services For Children 17 yrs and under** Call YSSN Intake Access Line 905-953-8354 or 1-833-953-8354 www.yssn.ca

**Developmental Services For Adults (18 yrs +)** Apply at 16 yrs call DSO 905-953-0796 or 1-855-277-2121 for a Service Navigator www.dsontario.ca

or Apply Online www.dsontario.ca/dso-client-area-help

**Developmental Services Ontario (DSO)** Assists adults (18+ years) with developmental disabilities to access services and supports in their communities.

**DSO Eligibility:** Individuals must be at least 16 years of age to begin the application process however, individuals must be 18 years or older to receive services. **Requirements for application:** 1. Proof of Ontario residency 2. Proof of age 3. A psychological assessment indicating a Developmental Disability.

Supports include: Case Management, Caregiver Respite, Community Participation Supports (Day Programs), Person-Directed Planning, Residential Supports, Behaviour Services, Passport Program.

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**Translation:** Government funding, transition planning and community support services translated into downloadable materials in Arabic, Cantonese, Italian, Mandarin, Spanish, Urdu and Vietnamese.

<u>Passport Program</u> A financial resource designed to assist adults with a developmental disability with the cost of support including: day programs, respite, transportation expenses, programs, classes, camps and much more. *Applications must be made through Developmental Services Ontario (DSO)*. 1-855-277-2121

<u>Your Support Services Network (YSSN)</u> A community-based agency that offers a range of case management and community crisis services throughout York Region to support individuals with a Developmental Disability and/or a serious mental illness in accessing appropriate supports and services. Central Office (North) 240 Edward St., Aurora, ON L4G 1W2 **905-953-8354 or 1-833-953-8354** 

- <u>YSSN Crisis Response Services</u> (All Ages) Crisis workers are available 24 hours a day, 7 days per week to provide immediate telephone response. 1-855-310-COPE (2673)
- <u>YSSN Family Peer Mentor Support</u> Emotional support and resources for family caregivers caring for a child or adult with a developmental disability.
- <u>YSSN Developmental Services for Children</u> (0-17 yrs) Parent Referral call Network Access Line.
- <u>YSSN Streamlined Access</u> (16 yrs +) A single point of entry for mental health, addiction recovery and housing supports in York Region.

# **Provincially Funded Resources**

Ministry of Children, Community and Social Services (MCCSS) Central Office: 17310 Yonge St., Unit 1, Newmarket, ON L3Y 7R8 (905) 868-8900 or 1-877-669-6658

Assistance for Children with Severe Disabilities (ACSD) (Up to 18 yrs) Provides financial support for lowto moderate-income families to cover some of the extra costs of caring for a child who has a severe disability. A parent/legal guardian whose child is under 18 years of age, lives at home and has a severe disability may be eligible to receive help under this program. Call MCCSS.

Assistive Devices Program (ADP) (All Ages) Subsidized funding for customized equipment for individuals with long-term physical disabilities. To be eligible, one must be an Ontario resident, have a valid Ontario health card, have a disability requiring equipment or supplies for six months or longer, and is not based on income. ADP covers 75% of the cost for equipment and supplies and families pay the remaining 25%. Equipment and supplies include mobility aids, hearing aids and other devices, communication aids, visual aids, diabetic equipment and supplies, respiratory equipment and supplies, home oxygen therapy, artificial eyes and facial prosthetics, custom orthotic braces, compression garments and more. adp@ontario.ca.

# **<u>Children's Aid Societies</u>** (Up to 17 yrs)

- Dnaagdawenmag Binnoojiiyag Child & Family Services A multi-service Indigenous well-being agency for children under the age of 18 yrs. Provide a stable foundation for children, youth and families through wraparound services that are culturally-based and family-focused. 517 Hiawatha Line, Hiawatha, ON K9J 0E6 1-844-523-2237
- Jewish Family and Child Services A multi-service agency that strengthens and supports individuals, children, families and communities by increasing safety and security, improving mental health and wellness and reducing the effects of poverty, within the context of Jewish values.

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4600 Bathurst St., 1st Floor Toronto, ON M2R 3V3 (416) 638-7800

- York Region Children's Aid Society Provides child protection services for children under the age of • 18 yrs. Supports families in problem solving linking families to essential community services. Provides prevention and awareness programs to keep children safe. Main Office: 16915 Leslie Street (Kennedy Place) Newmarket, ON L3Y 9A1 (905) 895-2318 or
  - 1-800-718-3850

<u>Children's Treatment Network (CTN)</u> (Up to 21 yrs) Services children and youth with multiple special needs up to 18 yrs (up to 21 yrs if attending school) and residing in York Region or Simcoe County. Multiple area offices

CTN ACCESS 1-866-377-0286 and School Based Rehabilitation Services SBRS 1-877-972-7277

# Home and Community Care Support Services (Formerly LHIN)

A centralized agency, funded by the Ministry of Health and Long-Term Care, which coordinates the necessary health care and specialized supports. Services include: PSW support, nursing, supported living and long term care.

- Central (access for York Region excluding west Woodbridge): Locations in Newmarket, Richmond Hill and Markham 1-888-470-2222
- Central West (access for West Woodbridge): Main Office 1-888-733-1177 •

# March Break Reimbursement Fund (Up to 17 yrs, identified with Autism)

Families must retain the services of a one-to-one support worker **OR** have paid for their child to attend a March Break camp or program, but not both. Maximum reimbursements are \$350 per child. Applications must be received between mid-December to mid-January. Submit applications online to ginny@autismontario.com or by mail to Autism Ontario, 1179 King Street West, Suite 004, Toronto, ON M6K 3C5 Attn: Ginny Kontosic (416) 246-9592 Ext. 225

# **Ontario Autism Program (OAP) (Up to 17 yrs)**

The OAP provides all families of children and youth with ASD with flexible, family-centred services based on each child's unique needs. Families with children under age six are eligible to receive one time funding of \$20,000 per child, while families with children aged six and older are eligible to receive \$5,000 per child. Single Point of Access Phone Number 1-888-444-4530

# **Ontario Disability Support Program (ODSP)** (18 yrs - 65 yrs) Income Support

Financial support for eligible adults designed to assist with cost of living expenses, prescription, vision and dental coverage. Shelter Allowance available for separate living accommodations. Apply six months prior to 18th birthday. Eligibility is determined by financial income of Applicant Not Household.

# **Ontario Disability Support Program (ODSP)** (16 yrs +) Employment Support

Provides work-related support to prepare individuals for employment. Services include assessment, resume writing, interview skills and support, job development, job coaching and job maintenance.

# **Ontario Works (OW) (16 yrs +)**

Income and employment assistance for residents of Ontario in immediate financial need and willing to participate in employment assistance activities. 1-877-464-9675

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### Special Services at Home (SSAH) (Up to 17 yrs)

Assists families caring for a child with a Developmental or Physical Disability to pay for relief/respite services in the home or outside the family home as long as the child is not receiving support from a residential program (living in a group home). (905) 567-7177 or 1-877-832-2818

• Enhanced Respite Funding This grant is paid to families who are caring for a child who is medically fragile and/or depends on a technological device, and requires care 24 hours a day, 365 days a year. It is provided in addition to other respite services. Families may be eligible for up to \$3,500 per child, per year.

### **Trillium Drug Program** (All Ages)

The Trillium Drug Program helps Ontarians pay for high prescription-drug costs. Eligibility includes having a valid Ontario health card, not already enrolled in the Ontario Drug Benefit program, do not have an insurance plan with 100% coverage and spend 4% or more of after-tax household income on prescription drug costs. Apply by September 30 to be reimbursed for any eligible drug received in the previous program year (August 1-July 31). 1-800-575-5386 or TTY 1-800-387-5559 <u>Application</u>

#### Associations for Community Living

Associations for Community Living: Services may include: day programs/supports, residential supports, employment supports, recreation and leisure activities and community outreach services.

- 1. <u>Community Living Central York (CLCY)</u> 575 Penrose St., Newmarket, ON L3Y 5L5 (905) 898-3000
- 2. <u>Community Living Georgina (CLG)</u> 20849 Dalton Road, Sutton West, ON L0E 1R0 (905) 722-8947
- Community Living York South (CLYS) Richmond Hill Office: 101 Edward Ave., Richmond Hill, ON L4C 5E5 (905) 884-9110 or 1-877-737-3475 Markham Office: 5694 Hwy 7 E., Unit 13, Markham, ON L3P 1B4 (905) 294-4971 Vaughan Office: 190 Marycroft Ave., Unit 5, Woodbridge, ON L4L 5Y1 (905) 264-7262

# **Financial and Legal Supports**

<u>Canada Caregiver Credit (CCC)</u> (All Ages) Available to spouse, common law or dependent with a physical or mental impairment completed through the standard tax return. 1-800-959-8281

**Disability Tax Credit (DTC)** (All Ages) Available to eligible persons with disabilities. The DTC reduces the amount of tax owed by a person to the government. An individual may apply for the DTC by completing Form T2201. 1-800-959-8281 *An individual deemed eligible for the DTC will then be eligible to open a RDSP.* 

**<u>Registered Disability Savings Plan (RDSP)</u> (Up to 59 yrs)** A long-term savings plan that is designed to meet the needs of people with disabilities and their families. An RDSP may be opened by any individual who qualifies for the Disability Tax Credit (DTC). For those 49 years of age and under, the Government of Canada

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matches money deposited into an RDSP with grants of up to \$3500 per year (government will match up to lifetime maximum of \$90,000) and provides a bond of up to \$1000 for individuals living on a low income. An RDSP is an exempt asset under ODSP. 1-800-959-8281

<u>Henson Trust/Discretionary Trust</u> (All Ages) Protects the assets of a person living with a disability and their right to collect government benefits, inheritance and entitlements without losing their Ontario Disability Support Program (ODSP) monthly income. Consult a lawyer or financial advisor for more information.

# **Financial and Legal Consultants**

**ARCH Disability Law Centre** Provides free legal advice and information in the following areas of law as they relate to disability: abuse of people with disabilities in certain contexts, accessibility laws, attendant care services, legal capacity, and the right to make your own decisions, discrimination/human rights, education and employment. 55 University Ave., Toronto, ON M5J 2H7 (416) 482-8255 or 1-866-482-2724

**Bright Futures Ability Network** Planning for all financial needs which include: Wills and Henson Trusts, Life Insurance, RDSP, Long Term Care Planning, Investments, Retirement/Estate Plans, Tax Planning and Returns, DTC Applications, ODSP, and Trustee/Executor Support Services. <u>info@brightfuturesplan.ca</u>

<u>Community Legal Clinic of York Region</u> Provides legal representation for low-income families regarding specific issues including: public service eligibility refusals, service denial such as Mobility Plus and ODSP benefits.

21 Dunlop St., Suite 200, Richmond Hill, ON L4C 2M6 (905) 508-5018 or 1-888-365-5226

**MBB Law** Iris Chung 钟仕梅律师 provides legal advice in English and Chinese on Guardianship, Wills, Trusts and Estate Planning for individuals with an intellectual disability. 18 Crown Steel Drive, Suite 202, Markham, ON L3R 9X8 Canada (905) 475-7676 Ext. 356 or <u>irischung@mbb.ca</u>

Michael Tang Provides financial advice in English and Chinese on Retirement and Estate Planning for individuals with disabilities and their families. Edward Jones, <u>michael.tang@edwardjones.com</u> 428-7030 Woodbine Ave, Markham, ON L3R 6G2 (905) 477-3604 or 1-866-763-9989

**Pooran Law** Provides services focusing on disability and related issues including: wills, Henson Trusts, Inheritance Trusts, Powers of Attorney for Property and Personal Care, Ontario Disability Support Program (ODSP), Registered Disability Savings Plan (RDSP). Brendon Pooran 1500 Don Mills Rd., Suite 400, Toronto, ON M3B 3K4 (416) 860-7572 or info@pooranlaw.com

**Reegan Financial** Financial solutions for people with disabilities and their families including RDSP, ODSP and Estate Planning. Ron Malis 5090 Explorer Dr., Suite 200, Mississauga, ON L4W 4T9 1-866-548-3888 <u>rmalis@monarchwealth.ca</u>

Special Needs Planning Group Provides free coordinated financial and estate planning support to families including DTC, RDSP, Wills, Henson Trust and support for trustees. Graeme Treeby 70 Ivy Cr., Stouffville, ON L4A 5A9 (905) 640-8285 graemetreeby104@gmail.com

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**STEP Advising Families Across Generations** Kenneth C. Pope LLB, TEP specializes in special needs and disability estate planning including Wills, Henson Trust, Disability Tax Credit, Guardianship as well as a full range of financial options to protect inheritance and ODSP benefits. 1-866-KEN-POPE (1-866-536-7673) or karen@kpopelaw.ca

#### Post-Secondary Education in the Greater Toronto Area (GTA)

**Durham College - Community Integration through Cooperative Education (CICE) (19 yrs +)** A two-year, post-secondary program designed for individuals with intellectual disabilities or other significant learning challenges. 2000 Simcoe St. N., Oshawa, ON L1G 0C5 (905) 721-2000 Ext. 2472 Angela Wood, Lead Learning Facilitator angela.wood@durhamcollege.ca

<u>George Brown College - College Vocational Program (CVP)</u> (19 yrs +) A job-readiness program designed to meet the unique educational and vocational needs of people who would not normally consider or qualify for entry into a traditional post-secondary program. St. James Campus 341 King St. E., Toronto, ON M5A 1L1 Jennifer Dewar, Program Coordinator (416) 415-5000 Ext. 2503 or 1-800-265-2002 jdewar@georgebrown.ca

<u>Georgian College - Community Integration through Cooperative Education (CICE)</u> (19 yrs+) A two-year post-secondary certificate program for students with cognitive disabilities or learning challenges who require academic accommodations and modifications for success. 1 Georgian Dr., Barrie ON L4M 3X9 Molly Zariwny, Team Lead (705) 728-1968 Ext. 6047 molly.zariwny@georgiancollege.ca

<u>Humber College -Community Integration through Cooperative Education (CICE)</u> (19 yrs +) Designed to provide students with developmental and/or intellectual disabilities with the opportunity to participate in college-adapted programs and activities. North Campus 205 Humber College Blvd., Toronto, ON M9W 5L7 Rosanna To, Program Coordinator (416) 675-6622 Ext. 4288 rosanna.to@humber.ca

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# **College Comparison Chart**

CRITERIA	Durham College	Humber College	George Brown College	Georgian College
Total # of Students	13,600 + full-time post-secondary and apprenticeship 8000 part-time	15,000	28,924 full-time 66,410 part-time	13,000 full-time
Program Type	CICE (INTEGRATION) Combination of Virtual and In-person offered.	CICE (INTEGRATION) Combination of Virtual and In-person offered.	CVP (VOCATIONAL) In person with occasional online classes	CICE (INTEGRATION) Dual Sync Delivery-Combination of Virtual and In-person offered.
Program Length	2 years	2 years	1 year	2 years
# of Students	20 first year, 40 total	40 first year, 72 Total	36	Up to 30 first year, 60 total
# of Applications	50	140	85	60
Integration	Modified curriculum; Electives in identified areas of interest (10 over 2 years); 3 Field placement	1 elective class per semester; Student Council; Field placement opportunities in college/community	Physical/Social; Cohort model; Work Integrated Learning Practicum	Modified curriculum in integrated courses 1 - Communications 5 - Area of Study Electives 1 - General Education 3 - Field Placements (336 hrs)
Comprehen- sion	Grade 3+ Level	Grades 1-3 Level	Grades 3 to 12+ Level	Grades 4-6 Level
Eligibility	<ul> <li>OCAS Application</li> <li>OSSD + IEP/OSSC+ IEP or Mature Student (19 years +)</li> <li>Moderate independence</li> <li>Online CICE application- check CICE website, October 2023, for the form link.</li> <li>Interview</li> </ul>	<ul> <li>Application through Humber College (not OCAS) • Mature Student (19 yrs + by Labour Day)</li> <li>Must have a documented Developmental/ Intellectual Disability</li> <li>Questionnaire</li> <li>Interview</li> <li>References</li> </ul>	<ul> <li>OCAS Application</li> <li>OSSD, OSSC or Mature Student (19 years +)</li> <li>School transcripts</li> <li>Attendance of information session</li> <li>Intake Assessment Class</li> <li>Interview, references from teachers, guidance and resource input</li> <li>information obtained from IEPs</li> </ul>	<ul> <li>OCAS Application</li> <li>OSSD, OSSC or Mature Student (19 years +)</li> <li>Third party Advocate Reference Form</li> <li>Book and attend interview</li> </ul>
Courses	<ul> <li>CICE Seminar</li> <li>Communication</li> <li>Self- Advocacy</li> <li>Computer Literacy</li> <li>3 Field Placements</li> <li>Elective Courses- can be taken from any program across the college.</li> </ul>	<ul> <li>Healthy Relationships</li> <li>&amp; Sexuality</li> <li>Community Awareness</li> <li>Personal Development</li> <li>Leadership</li> <li>Exploration</li> <li>Advocacy</li> </ul>	<ul> <li>Transitions to Work</li> <li>Personal and Professional Dynamics 1&amp;2</li> <li>Communications and Math Skills and Strategies 1&amp;2</li> <li>Digital Skills 1&amp;2</li> <li>Pathways to Work</li> <li>Work Integrated Learning Practicum</li> </ul>	<ul> <li>Field Placement Preparation</li> <li>Employability Seminars (3)</li> <li>Introduction to Computers</li> <li>Healthy Living</li> <li>Modified Communication</li> <li>Numeracy</li> <li>Learning and Technology Skills</li> <li>6 Electives</li> </ul>

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CRITERIA	Durham College	Humber College	George Brown College	Georgian College
Support	<ul> <li>Curriculum modifications</li> <li>Accommodations</li> <li>1 hr tutoring/support per class</li> <li>Academic advisor</li> <li>1-1 tutorials/class 1-4 max support (depending on the popularity of the course)</li> <li>Financial aid</li> <li>Occupational Therapist assists with transition into and out of program</li> </ul>	Approximately 5 hours of support a week includes: • In-class support • Tutorial assistance • 1-1 meetings + job coaching • Academic support	<ul> <li>Academic and personal Counseling, as required</li> <li>External Advisory Committee input</li> <li>In class/student drop in support</li> <li>Community partner, PTP, provides employment related workshops, and job developers support work placements and future paid employment Accommodations Home work space Tutoring and learning centre</li> </ul>	<ul> <li>Curriculum modification in integrated courses</li> <li>1 hr tutoring in integrated courses</li> <li>Accommodations in all courses</li> <li>Student support drop in hours and by appointment</li> <li>Adaptive Technology and Learning Facilitator available</li> <li>Full-time Field Placement Officer</li> <li>Learning skills and technology sessions</li> <li>Independent Life Management Skills Sessions</li> </ul>
Homework	Moderate amount – modified to meet ability	Moderate amount	Moderate amount	Approximately 3-6 hours per class
Emphasis	<ul> <li>Strategies for success in the workplace</li> <li>Planning for post-secondary return</li> <li>Academic Upgrading</li> <li>Integration and strategies for academic success at College</li> <li>Community connections</li> <li>Annual CICE Transition Event (to help students transition after graduation)</li> </ul>	<ul> <li>Community integration and self- realization</li> <li>Development of leadership, personal goals</li> <li>Advocacy skills and independence</li> <li>Learn to be an active citizen within community</li> </ul>	• Employment readiness and job search preparation •Creation of a professional portfolio with vital job search skills	<ul> <li>Develop and enhance employment skills</li> <li>Self-advocacy and independence</li> <li>Employment in entry level jobs</li> <li>Discovery of personal strengths and interests</li> </ul>
Residence	Yes	Yes	Yes	Yes
Program Tuition	Year one domestic: \$3,025 (CDN) refer to website	\$3600 (Approx.) for a full year; Institutional Bursary available	\$3,617.00	\$2,300.00 (approx.)
Campus	Oshawa and Whitby	Access to both North and Lakeshore Campus for elective courses	Centralized and accessible Independent travel St. James Campus 341 King St.E., Toronto	Barrie, Orillia and Owen Sound
Work Component	Yes	Yes	Yes	Yes

# **College Comparison Chart - Continued...**

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#### **Post-Secondary Programs Outside The GTA**

Algonquin College - Academic Assistance for Adults with Developmental Disabilities (AAADD) 1385 Woodroffe Ave., Ottawa, ON K2G 1V8 Hillary Dolan, Program Officer (613) 727-4723 Ext. 5726 dolanh@algonquincollege.com

**Conestoga College - Community Integration through Cooperative Education (CICE)** 299 Doon Valley Drive, Kitchener, ON N2G 4M4 Sara Wardell, Program Contact (519) 748-5220 swardell@conestogac.on.ca

**Confederation College - Community Integration through Cooperative Education (CICE)** 1450 Nakina Drive, PO Box 398, Thunder Bay ON P7C 4W1 Rose Hankkio, Lead Integration Facilitator, Thunder Bay (807) 475-6697 rhankkio@confederationcollege.ca

Fleming College - Community Integration through Cooperative Education (CICE) 599 Brealey Drive, Peterborough, ON K9J 7B1 Patty Thompson, Program Coordinator (705) 749-5530 Ext. 1033 patty.thompson@flemingcollege.ca

**Georgian College - Community Integration through Cooperative Education (CICE)** 1 Georgian Drive, Barrie, ON L4M 3X9 Molly Zariwny, Team Lead (705) 728-1968 Ext. 6047 molly.zariwny@georgiancollege.ca

Lambton College - Community Integration through Cooperative Education (CICE) 1457 London Rd., Sarnia, ON N7S 6K4 (519) 541-2403 info@lambtoncollege.ca

Loyalist College - Community Integration through Cooperative Education (CICE) 376 Wallbridge-Loyalist Rd., Belleville, ON K8N 5B9 (613) 696-1913 cice@loyalistc.on.ca

Mohawk College - Community Integration through Cooperative Education (CICE) 135 Fennell Ave., West Hamilton, ON L9C 0E9 Carrie Leo, Program Coordinator (905) 575-1212 Ext. 3297 catherine.leo@mohawkcollege.ca

Niagara College - Community Integration through Cooperative Education (CICE) 135 Taylor Road, Niagara-on-the-Lake, ON LOS 1J0 Jessica Berecz, Placement Intake Consultant, (905) 735-2211 jberecz@niagaracollege.ca

Northern College of Applied Arts and Technology- College Vocational Program (CVP) Timmins Campus, 4715 Highway 101 E., South Porcupine, ON P0N 1H0 (705) 235-3211

Sault College - Community Integration through Cooperative Education (CICE) 443 Northern Ave., Sault Ste. Marie, ON P6A 5L3 Velma Simon, Team Lead (705) 759-2554 Ext 2437 velma.simon@saultcollege.ca

St. Clair College - Community Integration through Cooperative Education (CICE) Windsor Campus, 2000 Talbot Rd. W., Windsor, ON N9A 6S4 Stephanie DeFranceschi, Coordinator (519) 972-2727 Ext. 4302 sdefranceschi@stclaircollege.ca

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St. Lawrence College - Community Integration through Cooperative Education (CICE) 100 Portsmouth Ave., Kingston, ON K7L 5A6 Alison Dikland, Program Liaison, (613) 544-5400 Ext. 1958 adikland@sl.on.ca

# **Vocational and Employment Programs**

### See also: ODSP Employment Supports (under Provincially Funded Resources and Supports Pg. 4)

**Community Living Central York - Employment Strategies** Assists individuals with developmental disabilities or individuals traditionally perceived as having employment barriers to locate and maintain work. (905) 898-3000

Community Living York South (CLYS) A Community Support Coordinator can make referrals to job matching services and employment preparation programs, or assist individuals and families in pursuing employment.

**Richmond Hill** (905) 884-9110 Markham (905) 294-4971 Vaughan (905) 264-7262

Culinary Skill Development and Employment Certificate Program Christian Horizons/Humber College provides culinary training to individuals with a developmental disability to gain independence by learning through an innovative and inclusive program. Offers certification training in the following areas: Safe Food Handling, Smart Serve, cash register, resume and interview writing, First Aid/CPR teaching and certification, knife skills and food preparation.

Mary Lou Kelly, Employment Coordinator, mkelly@christian-horizons.org (647) 278-6964 Christian Horizons 3901 Highway 7, Unit 301, Woodbridge, ON L4L 8L5 (416) 630-3646

#### **Holland Bloorview Kids Rehabilitation Hospital**

Connecting youth with disabilities to early employment opportunities and post-secondary transition. 150 Kilgour Road, Toronto, ON M4G 1R8 (416) 425-6220 Ext. 3328

**Job Skills** Provides a variety of work related supports and programs for individuals. Keswick: 155 Riverglen Dr., Unit 7, Keswick, ON L4P 3M3 (905) 476-8088 Markham: 4961 Hwy 7, Units 100-101, Markham, ON L3R 1N1 (905) 948-9996 Newmarket: 16775 Yonge St., Unit 200, Newmarket, ON L3Y 8J4 (905) 235-5255

JVS Toronto Disability Services: Provides free employment programs for individuals identified with a Learning Disability, ADHD, ASD or Development Disability searching for employment. Programs include employment related workshops, job search, job coaching and job maintenance support. Main office (416) 787-1151

**Program Locations:** 30 Karachi Dr., Unit 66, Markham, ON L3S 0B6 (905) 470-9675 9600 Bathurst St., Suite 242, Vaughan, ON L6A 3Z8 (905) 303-5838

March of Dimes Canada (MODC) Employment Services (18yrs +) A Job Development Service for individuals with disabilities and/or employment barriers and living in York Region. 1-833-612-6632

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### **Project SEARCH York**

The Project SEARCH Transition-to-Work Program is a one-year employment preparation program including classroom instruction, career exploration, and hands-on training through worksite rotations. Students 18-21 years of age with an Intellectual or Developmental Disability or Autism are eligible in their final year of high school. projectsearchvork@vcdsb.ca

Ready, Willing & Able Services connect job seekers with Autism Spectrum Disorder to paid employment opportunities in the Greater Toronto Area. Kerry's Place, 38A Berczy St., Aurora, ON L4G 1W9 (905) 713-6808 Roma, Employment Outreach Coordinator (437) 288-6833

**Reena Employment Programs** Summer Employment Transitions Program (SET) (16-21 yrs) Provides supported paid employment opportunities during the summer for participants identified with a developmental, intellectual and/or ASD disability. 927 Clark Ave., Thornhill, ON L4J 8G6 Joanna Samuels, Employment Resource Supervisor (905) 889-2690 Ext. 2112 jsamuels@reena.org

Success through Education, Employment & Retention (STEER)-Corbrook A retail-focused 12-week pre-employment classroom and hands-on training program. York Region residents eligible. 931 Progress Ave., Units 1, 2 & 3, Toronto, ON M1G 3V5 (416) 358-8543 or paulette.cross@corbrook.com or info@corbrook.com

Viability Employment Services (14 yrs +) Serving individuals 14+ for volunteer placements and 16+ for paid employment placements including summer, part-time and full-time positions. Free services include: peer mentoring, resume writing, interview skills, job search and limited job coaching. Participants must live or can work in the Markham and/or Richmond Hill area with ability to work independently on a part-time basis. (416) 576-2632 or info@viablecareers.org

VILA DANI (18 yrs +) An online vocational and educational learning hub for neurodiverse adults who have basic tech skills. Courses include: Intro to Vocational Skills, Job Search Techniques, Pet Care and Training, Intro to Barista Skills, Food Safety and Handling, Social Media and Internet Safety, Money and Budgeting Skills and Creative Expressions.

Anna Gruzman, Director of Operations, (905) 889-3264 Ext. 210 arozet@dani-toronto.com

**YMCA Employment Programs** Must NOT be in full-time education/training to be eligible for the following programs:

- Integrated Employment Services (IES) (15 yrs +) • Provides individuals with a disability pre-employment training and supports to remove barriers to employment. 10610 Bayview Ave., Suite 12, Richmond Hill, ON L4C 3N8 (905) 780-9622
- Skills Development For Youth Program (15-29 yrs) • A paid employment program which includes 4 weeks paid workshops with 8 weeks paid job placement. 1 barrier to employment to be eligible. YMCA Centre 4855 14th Ave., Unit 4, Markham, ON L3S 3L6 (905) 948-9622

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# 360 kids Programs (15-30 vrs) Base 4 Success (B4S), Every Bite Matters (EBM) Culinary Skill Development Program, Specialized Training Employment Program (STEP), Youth Job Connection (YJC), Youth Job Connection Summer (YJCS), Youth Success Strategy (YSS)

360°kids Employment Programs are designed to empower and encourage participants to overcome employment barriers that could potentially hinder their motivation and ability to be successful at work. 10415 Yonge St., Suite C, Richmond Hill, ON L4C 0Z3 (905) 475-6694

### **Day Programs and Community Participation Supports**

**Day Programs/Community Participation Supports:** A variety of community-based activities related to work or volunteerism, daily living skills, social skills, independent living, personal management and employment preparation for individuals. Staffing ratios vary depending on the needs of the individuals.

### Inquire about individual day programs for hybrid options.

NOTE: It is the responsibility of parents/guardians to inquire about insurance, hiring & program policies and guidelines of private and/or parent run fee-for-service Day Program options in York Region.

> **NORTH** Aurora, East Gwillimbury, Georgina, Keswick, Newmarket, Sutton

#### **The A.B.L.E. Network**

Trinity Anglican Church, 44 Metcalfe St., Aurora, ON L4G 1E6 (905) 841-7627 for intake contact Barb Allen (416) 930-3200.

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. Program Includes: Work Experience/ Volunteer, Leisure and Life Skills, 1:5 Ratio of Support.

#### The Base (A Lifestyle Enriched Program)

Recreation Youth Centre, 56 Charles St., Newmarket, ON L3Y 3V8 (905) 953-5120 Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. **Program Includes:** Leisure and Life Skills, Work Experience/ Volunteer, 1:3 Ratio of Support.

### **Community Living Georgina (CLG)**

26943 Hwy 48, PO Box 68, Sutton West, ON LOE 1R0 (905) 722-8947 Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. Program Includes: Leisure and Life Skills, Residential, Educational, Work Experience/Volunteer 1:10 Ratio of Support.

#### **Community Living Central York - Destinations**

575 Penrose St., Newmarket, ON L3Y 5L5 (905) 898-3000 Ext. 310

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. **Program Includes:** Leisure and Life Skills, Residential, Respite, Educational, Work Experience/ Volunteer, 1:5 or 1:6 Ratio of Support.

#### **Connections**

# 451 Botsford St., Unit 5 & 6, Newmarket, ON L3Y 1T2 (416) 742-3282 Supports Individuals with: Autism, Behavioural.

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**Program Includes:** Leisure, Respite, 1:1 Ratio of Support.

# **Full Access Network Day Program (FAN)**

171 Main St. South, Newmarket, ON L3Y 3Y9 (905) 955-3402

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. Program Includes: Leisure and Life Skills, Social/Recreational, Community Outings, For Profit, 1:5-1:6 Ratio of Support.

# **Inclusion and Change Adult Day Program**

9 Industrial Pkwy S. Unit 1, Aurora, ON L4G 3V9 (905) 841-7303 Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. **Program Includes:** Leisure and Life Skills, For Profit, 1:2 Ratio of Support.

# New Leaf Living and Learning Together

19601 Leslie St., Queensville, ON LOG 1R0 (905) 955-9509

Supports Individuals with: Autism, Behavioural, Developmental Disability, Mild Intellectual Disability.

**Program Includes**: Leisure and Life Skills, Residential, Respite, Work Experience/ Volunteer, For Profit 1:1-1:5 Ratio of Support.

# **Next Steps**

Trinity United Church, 461 Park Ave., Newmarket, ON L3Y 1V9 (905) 251-5610. Scott MacPherson scottmacpherson@hotmail.ca

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Wheelchair Accessible.

**Program Includes:** Leisure and Life Skills, Work Experience/Volunteer, For Profit, 1:4 Ratio of Support.

# **Our Happy Place**

16775 Yonge St – Unit 1, Newmarket, ON L3Y 8J4 info@ourhappyplaceadp.ca (365) 554-0103 Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. Program Includes: Leisure and Life Skills, Social/Recreation, For Profit. 1:1-1:5 Ratio of Support.

# **Peaceful Hearts**

183 Simcoe Ave., Unit 4, Keswick, ON L4P 3E2 (905) 535-5683 Supports Individuals with: Medically Fragile, Wheelchair Accessible. **Program Includes:** Leisure and Life Skills, Respite, 1:4 Ratio of Support.

# SOUTH **Richmond Hill, King, Thornhill**

# The A.B.L.E. Network

11339 Yonge St., Richmond Hill, ON L4S 1L1 (905) 717-7164 for intake contact Barb Allen (416) 930-3200. Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. **Program Includes:** Leisure and Life Skills, Work Experience/Volunteer, 1:5 Ratio of Support.

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### **Community Living York South**

101 Edward Ave., Richmond Hill, ON L4C 5E5 (905) 884-9110 Ext.224

### Learning Academy

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Medically Fragile, Wheelchair Accessible.

Program Includes: Educational, Leisure and Life Skills, Work Experience/Volunteer, 1:10 Ratio of Support.

#### *Marketplace*

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Medically Fragile, Wheelchair Accessible.

**Program Includes:** Educational, Leisure and Life Skills, Respite, 1:10 Ratio of Support.

#### **Dani Day Program**

Garnet A. Williams Community Centre, 501 Clark Ave. W., Thornhill, ON L4J 4E5 and 401 Magnetic Dr., North York, ON, M3J 3H9 (905) 889-3264

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Wheelchair Accessible.

Program Includes: Educational, Leisure and Life Skills, Work Experience/Volunteer, 1:2.5 to 1:3 Ratio of Support

#### **Elqueena Gem Day Program**

50 Spruce Ave, Richmond Hill, ON L4C 6W1 (905) 597-8354

Supports Individuals with: Autism, not wheelchair accessible.

**Program Includes:** Leisure and Life Skills, Respite, For Profit, 1:1, 1:3 Ratio of Support.

#### L'Arche Daybreak

11339 Yonge St., Richmond Hill, ON L4S 1L1 (905) 884-3454

Supports Individuals with: Autism, Behavioural, Developmental Disability, Mild Intellectual Disability, Medically Fragile, Wheelchair Accessible.

**Program Includes:** Educational, Leisure and Life Skills, Respite, Work Experience/Volunteer, Residential.

#### **META Centre**

Richmond Hill Day Program, 10 West Pearce St., Unit 10, Richmond Hill, ON L4B 1B6 (905) 771-6843 Supports Individuals with: Autism, Behavioural, Developmental Disability, Mild Intellectual Disability, Medically Fragile, Wheelchair Accessible. **Program Includes:** Educational, Leisure and Life Skills, Respite, Residential, Work Experience/Volunteer, 1:1-1:4 Ratio of Support.

#### REENA

Channels and Pathways Day Programs 49 Lebovic Campus Dr., Vaughan, ON L6A 4V4 (905) 417-0018 Ext. 4007

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Wheelchair Accessible.

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**Program Includes:** Educational, Leisure and Life Skills, Respite, Residential, Work Experience/Volunteer.

Toby and Henry Battle Developmental Centre 927 Clark Ave. W., Thornhill, ON L4J 8G6 (905) 889-6484 Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Medically Fragile, Wheelchair Accessible. **Program Includes:** Educational, Leisure and Life Skills, Respite, Residential, Work Experience/Volunteer, 1:1 and 1:3 Ratio of Support.

# VITA Day Program

- 1. Dufferin Clark Community Centre, 1441 Clark Ave W, Thornhill, ON L4J 7R4 (905) 832-8554 Ext. 7728
- 2. 411 Confederation Parkway, Unit 3, Concord, ON L4K 0A8 (905) 597-6336
- 3. Al Palladini C.C. 9201 Islington Ave., Woodbridge, ON L4L 1A7 (905) 832-8564 Ext. 7225 Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. Program Includes: Educational, Respite. 1:1-1:7 Ratio of Support.

EAST Markham, Town of Whitchurch-Stouffville

# The A.B.L.E. Network

Latcham Hall, 8 Park Dr., Stouffville, ON L4A 1G4 (905) 717-7164 for intake contact Barb Allen (416) 930-3200.

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. Program Includes: Educational, Leisure and Life Skills, Work Experience/Volunteer 1:5 Ratio of Support.

# The Centre for Dreams Inc.

8515 McCowan Rd., Suite 200, Markham, ON L3P 5E4 (905) 209-9092

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Wheelchair Accessible.

Program Includes: Educational, Leisure and Life Skills, Respite, Work Experience/Volunteer. 1:1-1:4 Ratio of Support.

# **Challengers Day Program (Females Only)**

St. Andrew's Presbyterian Church, 143 Main Street N., Markham, ON L3P 1Y2 (905) 479-1231 Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. Program Includes: Leisure and Life Skills, 1:4 Ratio of Support.

# **Chapter 21 Day Program**

St. Andrew's United Church, 32 Main Street N., Markham, ON L3P 1X5 (416) 735-5806 or iulien.chapter21@gmail.com

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Wheelchair Accessible

Program Includes: Educational, Leisure and Life Skills, Work Experience/Volunteer, 1:4 Ratio of Support.

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#### **Cherish Integrated Services**

1271 Denison St., Unit 64, Markham, ON L3R 4B5 (905) 604-9290 Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Medically Fragile, Wheelchair Accessible Program Includes: Educational, Leisure and Life Skills, Respite, Work Experience/Volunteer, Ratio 1:1-1:3 Ratio of Support.

### **Community Living York South**

5694 Hwy 7, Unit 13, Markham, ON L3P 1B4 (905) 294-4971 Marketplace

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Wheelchair Accessible.

**Program Includes:** Educational, Leisure and Life Skills, Respite, 1:10 Ratio of Support.

### Holistic Day Support Program- Community on the Mount

501 Alden Rd., Units 2 & 3, Markham, ON L3R 3L4 (416) 917-0740 Supports Individuals with: Autism, Mild Intellectual Disability. **Program Includes:** Educational, Leisure and Life Skills, Respite Ratio: 1:3-1:5 Ratio of Support.

# Participation House Adult Education Day Program (Virtual now- moving to in person Sept. 2023)

9 Butternut Lane, Markham, ON L3P 3M1 (905) 294-0944

Supports Individuals with: Autism, Developmental Disability, Medically Fragile, Mild Intellectual Disability, Wheelchair Accessible. Program Includes: Educational, Leisure, Respite, Residential 1:1 Ratio of Support.

# **Steer Friends Day Program**

30 Innovator Avenue, Unit 6, Stouffville, ON, L4A 0Y2 (905) 642-0234 Supports Individuals with: Medically Fragile, Wheelchair Accessible. **Program Includes:** Educational, Leisure and Life Skills, Respite, 1:1-1:3 Ratio of Support.

# **Under The Banyan Tree Adult Day Program**

43 Ferrier St., Markham, ON L3R 3K6 (905) 947-0036 Supports Individuals with: Autism, Behavioural, Developmental Disability, Mild Intellectual Disability, Wheelchair Accessible. **Program Includes:** Educational, Leisure and Life Skills, Respite, 1:1-1:4 Ratio of Support.

# **Unique Glow Day Program (Females Only)**

Metro Chinese Christian Mission Church, 28 Crown Steel Dr., Unit 2, Markham, ON L3R 9Y1 uniqueglow.dp@gmail.com

Supports Individuals with: Developmental Disability, Mild Intellectual Disability. **Program Includes:** Educational, Life Skills, Work Experience/Volunteer, 1:4 Ratio of Support.

# Wayne's Cup

9889 Hwy 48, Unit 4, Markham, ON L6E 0B7 (905) 471-0808 Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability.

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**Program Includes:** Educational, Life Skills, Work Experience/Volunteer, Ratio 1:5-1:6 Ratio of Support.

# WEST Concord, Maple, Vaughan, Woodbridge

### **Clarico Place of York Region**

10 Planchet Rd., Unit 19, Concord, ON L4K 2C8 (905) 761-2139

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Wheelchair Accessible.

Program Includes: Educational, Leisure and Life Skills, Respite, Work Experience/Volunteer, 1:1-1:5 Ratio of Support.

# **Community Access Learning Centre**

4220 Steeles Ave. W., Unit A7, Woodbridge, ON L4L 3S8 (905) 265-9633

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Wheelchair Accessible.

Program Includes: Leisure and Life Skills, Respite, Work Experience/Volunteer, 1:1-1:3 Ratio of Support.

### **Community Living York South**

#### Learning Academy Program

190 Marycroft Ave., Unit 5, Woodbridge, ON L4L 5Y1 (905) 264-7262

Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability, Wheelchair Accessible.

**Program Includes:** Educational, Leisure and Life Skills, Work Experience/Volunteer, 1:10 Ratio of Support.

# **Creating Alternatives**

4300 Steeles Ave., Unit 18, Vaughan, ON L4L 4C2 (905) 264-9007

Supports Individuals with: Developmental Disability.

Program Includes: Leisure and Life Skills, Respite, Work Experience/Volunteer, 1:5 Ratio of Support or 1:1 with Personal Support Worker.

# Hand In Hand Therapy Centre

665 Millway Ave, Unit 38, Concord, ON L4K 3T8 (416) 930-5293 handinhandtherapy1@gmail.com Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. **Program Includes:** Behavioural Intervention, Educational, Leisure and Life Skills, Respite, Saturday drop ins, 1:1-1:3 Ratio of Support.

#### **META Centre**

Vaughan Day Program 7465 Kipling Avenue, Vaughan, ON L4K 5K8 (905) 660-0333 Supports Individuals with: Autism, Behavioural, Developmental Disability, Mild Intellectual Disability, Medically Fragile, Wheelchair Accessible. **Program Includes:** Educational, Leisure and Life Skills, Respite, Residential, Work Experience/Volunteer, 1:1-1:4 Ratio of Support.

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#### **Precious Flower Healthcare**

9401 Jane St, Maple, ON, L6A 4H7 (416) 244-9627 email: admin@preciousflowerhealthcare.org Supports Individuals with: Autism, Developmental Disability, Mild Intellectual Disability. Program Includes: Educational, Leisure, Recreational, Community Outings, Sensory, Respite, 1:1-1:15 Ratio of Support.

# Sara Elizabeth Centre Day Program

7412 Kipling Ave., Vaughan, ON L4L 1Y4 (905) 851-3972

Supports Individuals with: Autism, Behavioural, Developmental Disability, Mild Intellectual Disability, Medically Fragile, Wheelchair Accessible.

Program Includes: Educational, Leisure and Life Skills, Respite, Work Experience/Volunteer, 1:5 Ratio of Support.

### Vaughan Enriched Day Program

Maple Community Centre, 10190 Keele St., Maple, ON L6A 3Y9 (905) 832-2377 Ext. 7405 specialneeds@vaughan.ca

Supports Individuals with: Autism, Developmental Disability, Medically Fragile, Mild Intellectual Disability, Wheelchair Accessible.

**Program Includes:** Leisure and Life Skills, 1:4 Ratio of Support or 1:1 with own Personal Support Worker.

# **Residential Supports**

**Residential Supports for adults:** Housing options available through DSO.

### **Residential models include:**

- Group Homes and Group Living Supports
- Supported Independent Living
- Host Family Home/Associate Living Support

#### **Connectability.ca**

A list of housing options available for individuals with a Developmental Disability.

# **Green Haven Illam** (16 yrs and up)

41 Kevi Cres., Richmond Hill, ON L4B 3C8 (289) 597-5220

Supports Individuals with: Autism, Behavioural, Developmental Disability, Dual Diagnosis, Global Developmental Disability.

Program Includes: Education, Leisure and Life Skills, Respite, Health Management, Personal Support, 1:1 Ratio of Support, For Profit.

# **Impruv** Living

3408 Holborn Rd., East Gwillimbury, ON LOG 1R0 (905) 478-8686

Supports Individuals with: Autism, Behavioural, Developmental Disability, Mild Intellectual Disability

**Program Includes:** Education, Leisure and Life Skills, Respite, 1:1 Ratio of Support, For Profit

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#### **Rent and Utility Assistance**

York Region residents can receive financial assistance for rent, mortgage payments, utilities and other housing costs through two programs:

- The Housing Stability Program is for people who are already receiving Ontario Works or Ontario Disability Support Program (ODSP) benefits. 1-888-256-1112 or TTY: 1-866-512-6228
- The Homelessness Prevention Program is for people who are not receiving other financial assistance. 1-877-464-9675 or TTY: 1-866-512-6228

# **Respite Services**

*Provides short-term relief and/or support to caregivers of individuals with a developmental disability. Respite* is offered in a variety of forms: in home, out of home, residential, after school, day, evening and weekend.

### Alpha Camp & Retreat

Alpha camp and retreat is a non-competitive inclusive camp for ADHD, learning disabilities, behavioral needs and ASD focusing on life and social skills for youth and young adults. 2403 Seadon Rd., Springwater, ON L9X 1V7 (705) 792-4133

### **Behaviorprise Consulting Inc.**

Behaviorprise respite services provide personal break time for caregivers of individuals with Autism or a Developmental Disability. Services include, feeding, boarding, behavior management. programming and recreation.

800 Petrolia Road, Unit 16, North York, ON, M3J 3K4 (416) 742-3282

### **Cadence's Staffing Services**

Provides respite services addressing the needs of individuals. Staff are trained in behavioural intervention supports and CPI certified. (647) 458-2298

#### **Elqueena Support Services Inc.**

Overnight and Weekend Respite. 59 Glen Cameron Rd., Thornhill, ON L3T 1P3 (905) 597-8354

#### **Impruv** Living

Offers short-term and long-term accommodations for adults with Autism and special needs. 3408 Holborn Rd., East Gwillimbury, ON L0G 1R0 (905) 478-8686

#### **Leaps and Bounds**

Offering in home respite with educational programming and supported life skills training for individuals. 13045 Jane St, King City, ON L7B 1A3 (647) 554-6543 or (905) 508-6543

# **Meta Centre Youth and Adults/Respite Services**

Offers a variety of recreational and respite programs in the evenings, on Saturdays and in the summer months. Respite creates opportunities for individuals to participate in community activities while allowing caregivers time for themselves. Coordinator Respite Services (416) 736-0199 Ext. 337

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#### **Precious Flower Healthcare**

Offers Day, Evening and Overnight respite care providing a variety of activities. 9401 Jane St, Maple, ON, L6A 4H7 (416) 244-9627 email: precioushealthcare.org

### **Reena Respite Programs** Currently suspended.

Offers evening, weekend and summer respite programming and residential respite for children and adults. Outreach and Respite Services Resource Supervisor (905) 889-2690 Ext. 2224

### **Reflections Mental Health & Behavioural Services**

Develop life skills including: social engagement and interaction, coping, peer interaction, behavioural planning, transit training, job training, self-regulation. 286 King St. W., Unit 302, Oshawa, ON L1J 2J9 (289) 385-3322

# **Respite Services CHAP Program (Community Helpers for Active Participation)**

YSSN facilitates the connection of individuals with disabilities and direct respite support providers through a respite registry. CHAP provides information on community respite services and upcoming workshops/events. 1-866-257-9776 Ext. 2247

# WindReach Farm

Offering five core programs designed to meet the needs of children and adults with disabilities. Includes fully wheelchair accessible pathways, trails, buildings, barns and stables, overnight/weekend respite, day program, therapeutic riding and more. 312 Townline Road, Ashburn, ON LOB 1A0 (905) 655-5827

### **York Region Respite Care**

A team of PSW's available for in-home respite needs. Call for more information. (905) 928-9772

# **Autism and Behavioural Services**

# Aspergers Society of Ontario (ASO)

The ASO is the only agency in Ontario that is devoted to serving those with Asperger Syndrome, their families and other interested individuals. (416) 651-4037 or 1-844-535-4037

# Autism Ontario Central East Region (York Region)

Increase public awareness about Autism including advocacy, government relations and responses to various issues that affect people with Autism and their families. 11181 Yonge St., Suite 215, Richmond Hill, ON L4S 1L2 (905) 780-1590

# **Behaviorprise Consulting Inc.**

Provides hands-on experience in behavioral assessment, consultation and appropriate intervention for individuals living with Autism or developmental disability using Applied Behavior Analysis principles. 800 Petrolia Road, Unit 16, North York, ON, M3J 3K4 (416) 742-3282 info@behaviorprise.com

# **Geneva Centre for Autism**

Services include early intensive intervention programs, speech and language services, occupational therapy and psycho-educational assessments, family education and service coordination, social skill building groups,

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behaviour/communication services, intervention planning and respite. Fee for services for individuals living outside of Toronto. Main Location: 112 Merton St., Toronto, ON M4S 2Z8 (416) 322-7877

### **Hong Fook Association**

Hong Fook Mental Health Association is an ethno-cultural agency providing mental health services promoting wellness to managing illness in Cambodian, Chinese (Cantonese and Mandarin), Korean, Vietnamese and English. (416) 493-4242 Markham Office: 3621 Highway 7 East, Suite 301, Markham, ON, L3R 0G6

Markham Youth and Family Hub: 2665 Bur Oak Avenue, Markham, ON, L6B 1H8

### JVS ASD Job Readiness Program

Supports individuals 18 to 30 years of age. Services include an eight week workshop to develop job readiness skills; weekly one-on-one sessions, a work experience placement for up to 14 weeks, on-site job coaching and job retention workshops. 74 Tycos Dr., Toronto, ON M6B 1V9 (416) 787-1151

### **Kerry's Place Autism Services**

Services include: consultation, employment supports, day, evening & weekend groups and activities, person-directed planning (PDP), respite options, training for direct support providers, vacations and excursions. Central Region: 38A Berczy St., Aurora, ON L4G 1W9 (905) 713-6808 or 1-833-775-3779

### **Kinark Child and Family Services**

Provides clinical assessment and intervention for complex and high risk children and youth from birth up to 18 years. Services are provided in the areas of Child and Youth Mental Health, Autism, Forensic Mental Health and Youth Justice. Autism Services: 1-800-283-3377

#### **Making Small Talk**

Provides a variety of programs and services including social skills and IBI for children and teens from 3 years and up. 14685 Woodbine Ave., Stouffville, ON L4A 2G7 647 519-6739 or 1-855-678-4424

# **On Solid Ground**

Supporting individuals with Autism and their families. Services include behavior, ABA, social skills, life skills, adult services, independent living and parent support. 89 Edgehill Dr., Barrie, ON, L4N 5W1 (705) 984-4441

# **OpenMind Alliance Academy**

Adult Program providing job skills training and employment. Eligibility is Grade 3 literacy level. An Aquaponics Program (growing plants and vegetables on water without the use of soil) is available at The Farm in Uxbridge. Two hour after school programs include piano lessons, basic computer skills and movement therapy. 160 East Beaver Creek Rd., Unit 21, Richmond Hill, ON L4B 3L4 (905) 918-3852

#### **SAAAC: South Asian Autism Awareness Centre**

Toronto based charity supporting culturally and linguistically diverse families providing speech-language program, occupational therapy, ABA, day program, after school program, pre-employment and vocational program, summer camp, March break camp, music, dance and art. 705 Progress Ave., Unit 63, Scarborough, ON M1H 2X1 (416) 289-0100

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#### **Specialisterne Canada**

Recruitment, job training and employment for individuals with ASD. 777 Richmond St. W., Suite 2026, Toronto, ON M6J 3N5 (647) 946-5215 contact.ca@specialisterne.com

#### **York ASD Partnership**

Provides information on services supporting individuals of all ages with ASD including Ministry funded and fee for service providers. (647) 850-7780

#### **Recreation and Leisure Services**

Many local attractions and community programs provide reduced rates for people with disabilities. Prior to purchasing tickets, ask for discounts for individuals with disabilities and their caregivers.

#### Access 2 Card

Offers free admission or discount for an attendant accompanying a person with a disability to movie theatres and attractions across Canada. An Easter Seals Canada Program. Application Form Easter Seals Canada, 40 Holly St., Suite 401, Toronto, ON M4S 3C3 (416) 932-8382 Ext. 227 or 1-877-376-6362

Accessible Beaches and Trails in Ontario COVID-19 Changes: Check individual beaches and trails for updates. A list of wheelchair accessible Ontario beaches, parks, and trails.

#### **Autism on the Seas**

Providing a variety of cruise vacation services to adults and families with children with Special Needs. 1-800-516-5247 or 203-604-0278

#### **Beaches Resorts**

All-inclusive beach vacations (Providenciales, Turks & Caicos and Negril & Ocho Rios, Jamaica). Locations are wheelchair accessible, sensory-friendly offering supervised programs for children and youth with special needs including Autism. specialservices@uvi.sandals.com

#### **Best Buddies**

A school and community agency program from kindergarten and up that connects individuals with friendships offering social mentoring while improving quality of life and inclusion. 1243 Islington Ave., Suite 907, Toronto, ON M8X 1Y9 (416) 531-0003 or 1-888-779-0061

#### **Beyond Abilities Centre (BAC)**

Provides a variety of therapeutic and recreational programs including horseback riding, martial arts, suit therapy (a program that improves mobility), as well as social and leisure opportunities, and resources on funding, respite referral, workshops, and other special needs information.

1111 Davis Drive, Unit 1, Suite 267, Newmarket, ON L3Y 9E5 (905) 478-2888

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#### **Big Brothers Big Sisters of York**

Provides direct service to children by matching volunteers and youths in quality mentoring relationships. Sara.Congiusti@bigbrothersbigsisters.ca (905) 726-2149

Virtual Go Girls! A free group mentoring program for female-identified participants between the ages of 10-15. Facilitated by female-identified Mentors, participants are provided with the opportunity to engage in fun and interactive discussions and activities via Zoom. The program promotes physical activity, balanced eating, self-confidence, and stress management.

Virtual Game On! A group mentoring program for male-identified participants, between the ages of 10-15. Facilitated by male-identified Mentors, participants are provided with the opportunity to engage in fun and interactive discussions and activities via Zoom. The program promotes physical activity, positive nutrition, stress management, and building relationship skills.

### **CARD** (The Community Association for Riding for the Disabled)

Offers therapeutic horseback riding programs for children and adults, including programs with a focus on physical rehabilitation, adapted sport, educational rehabilitation and summer camp programs. G.W. Ross Lord Park, 4777 Dufferin St., North York, ON M3H 5T3 (416) 667-8600

# **The Disability Travel Card**

Offers its holder discounts to the attendant accompanying a person with disability when traveling on Via Rail and Coach Canada. Easter Seals Canada, 40 Holly St., Suite 401, Toronto, ON M4S 3C3 (416) 932-8382

### The Disabled Sailing Association of Ontario (DSAO)

Provides the opportunity to learn about and enjoy sailing, barrier free, for people regardless of ability or age. 283 Oueen's Ouav W., Toronto, ON M5V 1A2 (416) 214-0358 info@disabledsailingontario.com

#### Hand Over Hand

A peer driven social network dedicated to mobilizing people with disabilities free of charge through monthly social group events, pen pal programs and parent supports. Events are mainly held in the Markham and Richmond Hill areas. info@handoverhand.ca

#### Horses at Heart-Therapeutic Riding (Waterstone Estate and Farms)

An inclusive, small group horseback riding program that provides support staff. Individuals must show safe practices around horses. 17900 Dufferin st, Newmarket, ON L3Y 4V9 (905) 898-1530

#### **Horses of Course**

Provides inclusive programs for riders of all ages and abilities. Semi-private and/or group lessons and summer programs available. 5 Warden Ln., Whitchurch-Stouffville, ON L4A 7X5 (416) 691-8554 horsesofcourse3@gmail.com

# **Markham Islanders Sledge Hockey Club**

An inclusive hockey club for all ages and abilities. The season runs October to May at R.J. Clatworthy Arena. 2400 John St., Thornhill, ON L3R 9W3 (905) 881-6363

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### **Play with Fire Improv**

Improv to support individuals with anxiety. Partnered with Second City. 601 Christie St., Suite 252, Toronto, ON M6G 4C7 cameron@playwithfireimprov.com

### **Soc-Ability Virtual Club - Youth**

Free weekly online chat sessions designed for participants of all abilities aged 16 to 21. Chiara Mabrucco, Community Programmer (905) 727-3123 Ext. 3528

# Special Hockey International Grandravine Tornadoes Hockey for the Developmentally Challenged **Grandravine Special Program**

A hockey program designed for individuals of all ages and abilities on Saturdays from 9 am. to 2 pm. from October to April. 48 Mangrove Road, Toronto ON M6L 2A3 (416) 245-7601

### **Special Hockey International Newmarket Nighthawks**

An inclusive ice hockey club for all ages and abilities on Saturdays between 10 am. -1 pm. from October to April. Coaches are on the ice to assist players during games. Games are played at: Magna Centre, 800 Mulock Dr., Newmarket, ON L3Y 9C1 Bob Mackenzie (905) 898-7451 cclapperton28@gmail.com

### **Special Needs and Adapted Programs**

Local Community Centre's across York Region offer a variety of adapted programs such as fitness, sports, swimming, music, art, cooking etc.

Contact your local Community Centre and/or Parks and Recreation for more information.

# **Special Olympics Ontario (SOO)** (All ages)

Provides sports training and competition opportunities for individuals with intellectual and/or multiple disabilities. Opportunities are available for competition at the provincial, national and international levels. 65 Overlea Blvd., Suite 200, Toronto, ON M4H 1P1

Michael Chung, GTA District Developer (416) 447-8326 or 1-888-333-5515 Ext. 256

#### **Thatz Showbiz** (13 yrs and up)

An accessible musical theatre program experience, enriching the lives of individuals with special needs and all abilities. 10-15 sessions plus a final performance by all participants. 4300 Steeles Ave. W., Unit 22, Vaughan, ON L4L 4C2 (647) 216-4384 sarah@thatzshowbiz.com

# The Hive-Friendship & Belonging: Virtual Hangouts

An opportunity to meet new youth and try a virtual social recreation experience. Heather Keating (416) 425-6220 ext. 6208 hkeating@hollandbloorview.ca

#### **TheraBounce**

Rebound Therapy makes use of a trampoline or rebounder to provide therapeutic exercise, activities, and recreation. Numerous locations. Jenn Evans jenn@therabounce.com 705-928-7079

#### **Track3 Adaptive Sports Association**

Providing a variety of winter sport activities to children and youth 6-19 years of age which includes 17 programs and 13 hill locations throughout Ontario. 61 Advance Rd., Unit 4, Etobicoke, ON M8Z 2S6 (416) 233-3872 or 1-877-308-7225

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# Variety Village (All ages)

A fitness and life skills facility offering inclusive specialized fitness and athletics programs including adaptive sports equipment and a pool. 3701 Danforth Ave., Scarborough, ON M1N 2G2 (416) 699-7167

# Wake Robin Farm- Equine Therapy (4 yrs and up)

Utilizing horses to promote physical, emotional and cognitive growth for individuals. Adult riders are welcome. Participate in weekly one hour sessions. Sessions include 30 minutes on-ground interaction with a horse and 30 minutes of riding instruction. 18647 Centre St., East Gwillimbury, ON LOG 1M0 (416) 526-1298

# Youth Assisting Youth (6-15 yrs)

Mentors are matched with youth who would benefit from support, friendship and a positive role model in the community. 5734 Yonge Street. #400, Toronto, Ontario. M2M 4E7 (416) 932-1919

# **YSSN Inclusive Recreation Resource Service (All ages)**

Promotes recreation and leisure activities for children, youth and adults.

For children 21 years old and under: Contact Children's Treatment Network Service Navigation Team 1-866-377-0286

# Weekend and Camp Programs

# For a complete list of GTA Camps go to: www.ourkids.net/special-needs-camps-toronto.php

# **Autism Ontario York Region**

Offers summer camp programs for children, youth and young adults including:

- Autism Ontario Kids Camp (AOK) Ages 4-18 with 1:1 support
- Autism Ontario Adults Summer Program (AOA) Ages 18+ with 1:1 support
- Social Skills Summer Institute (SSSI) Ages 14+ for practical social skill building.

11181 Yonge St., Suite 215, Richmond Hill, ON L4S 1L2. (905) 780-1590

# **Camp Hope (Community Living Georgina)** (12 yrs and up)

26943 Hwy 48, PO Box 68, Sutton, ON LOE 1R0 (905) 722-8885 Ext. 306

# **<u>Camp Kodiak</u>** (Up to 18 yrs) and <u>**Club Kodiak</u>** (19 yrs and up)</u>

Camp Kodiak and Club Kodiak offers an inclusive camp for individuals with LD, ADHD and ASD. Programs include a variety of activities. Camp programs are offered to individuals who have a high level of independence. 4069 Pheasant Run, Mississauga, ON L5L 2C2 (905) 569-7595 or 1-877-569-7595

# **Camp Kennebec** (6 yrs and up)

A summer camp for children and teens with special needs, learning disabilities, and developmental delays: Autism, Aspergers, ADHD, ADD, Down Syndrome, OCD, brain injury, anxiety, social skill and other challenges. 1422 Cox Rd., Arden, ON K0H 1B0 (613) 335-2114

# **Camp Robin Hood (4-15 yrs)**

Inclusive camp for all ages that offers individualized supports if required and 1:1 ratio of support where needed along with modified programs. 10243 Reesor Rd, Markham, ON L6B 1A8 (416) 736-4443

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### **Community Living Associations**

Offer summer day camp programs in a variety of settings. Contact your local Association for details.

# Holland Bloorview Transitions, Recreation and Life Skills Development (6-18 yrs)

Summer programs for children with a disability focusing on transition and independence. Various locations. (416) 425-6220 Ext. 6208

# Karma Country Camp (12-22 yrs)

Offers young adults with ASD and special needs a day camp with a ratio of 3:1 support. Focus on areas such as: social skills, relationship building, independence, self-confidence, emotional well-being, anxiety management and employability. Locations across York Region. Office: 128 Avondale Ave, North York, ON M2N 2V3 info@karmacountrycamp (647) 300-1172

# **Kayla's Children Centre Camp** (Up to 15 yrs)

Offers summer camp options both for day and overnight programs. 36 Atkinson Avenue, Thornhill, ON L4J 8C9 (905) 738-5542

# Nova's Ark (3 yrs and up)

Weekend, March break, and summer options available with a wide range of gentle therapy animals. 7505 Cedarbrook Trail, Whitby, ON L1M 1L8 (905) 706-1009

# **Ontario Camps Associations- Special Needs Accommodations Chart 2022**

# **Oasis Summer Camp** (14 yrs +)

Eight-week summer program includes physical activity, exploring nature and science, arts and crafts, life skills, and community outings. 79 Victoria St. Aurora, ON, L4G 1R3 Located in Trinity Church. Contact Nadia (647) 622-5206

# **Reena Summer Camp** (Must be registered in a school program)

Eight-week summer program that runs throughout July and August from Monday to Friday 9:00 am to 4:00 pm. Participants must be registered in a school program to attend. Program activities include: arts and crafts, swimming, sports, cooperative games and water play as well as community outings to various local attractions. Tony & Henry Battle Developmental Centre, 927 Clark Ave W., Thornhill, ON L4J 8G6 (905) 889-6484

# Shadow Lake Residential Camp Community Living Toronto (7-17 yrs)

Provides a co-educational, residential camping program during the summer for individuals of all ages with an intellectual disability. 15041 Ninth Line, Whitchurch-Stouffville, ON L4A 3E4 (905) 640-6432

# **Steer Friends Summer Camp**

Provides up to 7 weeks of summer camp programs with varying weekly themes. 30 Innovator Avenue, Unit 5, Stouffville, ON L4A 0Y2 (905) 642-0234

# VITA Camp (18 yrs +)

Individualized programs for individuals 18 years and older with a developmental or intellectual disability. 411 Confederation Parkway, Unit 3, Concord, ON L4K 0A8 (416) 749-6234

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# **YMCA List of Day Camps**

A variety of camps located across the GTA with activities such as creative arts and cooking, film making to science programs, swimming lessons, outdoor adventure and more. Integration and Accessibility Program is available for 1:1 support at select locations on a first come, first served basis with an additional fee. General Inquiries and Registration 1-877-303-2267

### **Funding Supports, Bursaries and Scholarships**

# Autism Ontario Education Scholarships Applications available in April.

Application deadline is May of each year. (416) 246-9592

- Eleanor Ritchie Scholarship: (17-21 yrs) \$500 scholarship for individuals on the autism spectrum entering their first year of a post-secondary educational program.
- Jeanette Holden Educational Scholarship: (Sibling 17-21 yrs) \$1000 scholarship for siblings of a • person on the autism spectrum who are entering the first year of a post-secondary educational program.
- MacDonald Family Educational Scholarship: (17-21 yrs) \$500 scholarship for students with a parent with ASD entering their first year of a post-secondary educational program.
- **Building Brighter Futures Fund: (17 +)** Up to \$5000 Lottery Reimbursement for individuals with • ASD to access community participation. Apply in July. Successful lottery applicants submit receipts from January 1 to Sept 30.

### **<u>Canadian Tire Jumpstart</u>** (4-18 yrs)

Provides funding for children in need to ensure equal access to sports programs and physical activities. 2180 Yonge Street, PO Box 770, Station K, Toronto, ON M4P 2V8 1-844-937-7529

### <u>Ceridian Cares</u> (18+ yrs)

Financial assistance grants (\$200-\$5000) are available for families in financial need. Ceridian Cares will provide grants for clothing and footwear, food and basic household needs, medical devices and therapies, and personal development & recreation. 1-866-313-2827

# **Community Living Ontario Bursaries and Awards**

Every year, Community Living Ontario recognizes the remarkable efforts and contributions of individuals and organizations that further the Community Living movement.

Anne Stafford Light Up The Future Bursary (18+ yrs) Awarded to individuals identified with an intellectual disability accepted to a post secondary educational program or personal interest course. (416) 447-4348 or info@communitylivingontario.ca

# **Community Living York South Scholarships**

**Por Lay Shek Scholarship** (17-21 yrs)

Provides financial support to members of CLYS identified with an intellectual disability and accepted to post secondary education. Awards of \$500 to 5 recipients. info@communitylivingyorksouth.ca

# **ME & Lau Family Foundation Scholarship**

A \$1000 scholarship to be awarded to any grade 12 student in York Region who will be attending a post-secondary institution (university or college program). Family income threshold must be \$110,000 or below. Application deadline is October 1 of each year. info@communitylivingyorksouth.ca

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# Children's Treatment Network (CTN) (17-21 vrs)

Lists multiple post-secondary education scholarships for students with disabilities.

### **Easter Seals Ontario Scholarships** (17-21 yrs)

Eligible applicants must have a physical disability that impacts their mobility. Candidates may apply for more than one scholarship but only need to provide one copy of their personal letter, references and transcripts. scholarships@easterseals.org (416) 510-5070 or 1-800-668-6252 Ext. 335

### **Jennifer Ashleigh Children's Charity** (Up to 18 yrs)

This charity provides financial assistance to help with extraordinary costs incurred directly as a result of a physical disability, severe medical issues and medical health disorders. Family income must be less than \$65,000 per year. 10800 Concession 5, Uxbridge, ON L9P 1R1 (905) 852-1799 Ext. 32

# Jenny McWilliams Memorial Scholarship (Graduating year)

A \$5000.00 scholarship available to students in their final year of high school. Applications are due at the end of May of each calendar year. Ann Fudge Schormans (416) 461-9735

# Kerry's Place Children's Respite Flexible Fund (17 yrs and under)

Funding to help caregivers get the flexible and individualized support their family needs in order for them to take intervals of time off from their caregiving duties for children with an identification of Autism. (905) 713-6808 Ext. 360

#### **Ontario Student Assistance Program (OSAP) (17+)**

The Bursary for Students with Disabilities (BSWD) and the Canada Student Grant for Services and Equipment for Students with Permanent Disabilities (CSG-PDSE) helps full and part-time postsecondary students with the costs of their disability-related educational services and equipment.

#### **Health Services**

#### **Assistive Devices Program (ADP)**

Assists people with long-term physical disabilities to pay for customized equipment, such as wheelchairs and hearing aids. ADP covers 75% of the cost for equipment and supplies and the individual pays 25%. Eligibility is based on requiring equipment for 6 months or longer.

Ministry of Health and Long-Term Care, 5700 Yonge St., Toronto, ON M2M 4K5 (416) 327-8804 or 1-800-268-6021

#### **Canadian Hearing Services (CHS)**

Offers sign language interpreting, one-on-one language development, employment consulting, sign language instruction, speech reading training, hearing testing, hearing aids, counseling, and a range of communication devices including text telephones (TTYs), visual smoke detectors, baby monitors, signaling devices and alarm clocks. 713 Davis Dr., Newmarket, ON L3Y 2R3 1-866-518-0000 or TTY: 1-877-215-9530

#### **Health Care Connect**

Ministry Site to assist in finding a family physician. 1-800-445-1822 or Service Ontario at 1-866-532-3161 or TTY 1-800-387-5559

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### Healthy Smiles Ontario (HSO) (17 yrs and under)

Government-funded dental program that provides free preventive, routine, and emergency dental services for children and youth, if they are eligible based on low-household income. ACSD, OW and ODSP clients are automatically enrolled. 1-844-296-6306 or TTY 1-800-387-5559

### **Holland Bloorview Kids Rehabilitation Hospital**

Offers a variety of programs for children, youth and adults with disabilities, those requiring rehabilitation after illness or trauma, and/or medical complexities. 150 Kilgour Road, Toronto, ON M4G 1R8 (416) 425-6220 or 1-800-363-2440

### **Trillium Drug Program**

An Ontario program which provides assistance to people who spend 4% or more of their after-tax household income on prescription medications. 1-800-575-5386 or (416) 642-3038 or TTY 1-800-387-5559

# **Mental Health Services**

#### **Bartimaeus Inc**

Provides specialized services, supporting agencies, organizations and institutions, that work with children, adolescents, adults and seniors who are experiencing behavioural, social, emotional and psychiatric difficulties. Bartimaeus serves all of Ontario. (705) 431-2999 admin@bartimaeus.com

#### **Canadian Mental Health Association (CMHA)**

Services to learn how to maintain mental health, look for and identify the signs of mental illness, and receive support. Offices located in Aurora, Markham, Newmarket and Vaughan. (905) 841-3977 or 1-866-345-0183 ext. 3321 vorkregion@cmha-vr.on.ca

#### **Community Family Services of Ontario**

Provides professional counselling, disability supports for families, settlement services, addictions programs and a violence against women program, with a focus on helping Chinese Canadians. Markham: 5665 14th Ave, Markham, ON L3S 3K5 Unionville: 600 Village Pkwy, Markham, ON L3R 6C2 (416) 979-8299 or 1-866-979-8298

#### Family Services York Region (FSYR)

Provides counselling services for people of all ages, ethnicity and orientation who are facing and seeking assistance with critical difficulties in their lives. Services include: individual counselling, family and child counselling, couple counselling, youth and online counselling. 1-888-223-3999

**FSYR Georgina:** Box 8, 25202 Warden Ave., Sutton W., ON L0E 1R0 (905) 476-3611 FSYR Newmarket: 1091 Gorham St., Suite 300, Newmarket, ON L3Y 8X7 (905) 895-2371 FSYR Richmond Hill: 10610 Bayview Ave., Unit 18, Richmond Hill, ON L4C 3N8 (905) 883-6572

#### Kinark Children and Youth: Mental Health Services

Kinark is a provider of services and supports for children and youth with complex needs and their families. Services include: Child and Youth Mental Health, Autism and Forensic Mental Health/Youth Justice. Central Intake: 1-888-454-6275

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# **Mackenzie Health's Behavioural Management Services**

Provides care for individuals living in York Region or Simcoe County who have a developmental disability, autism or an acquired brain injury. Services address general management issues, aggression, self injury, skill promotion, and social problem solving.

Centre for Behavioural Health Sciences, 13311 Yonge St., Suite 115, Richmond Hill, ON L4E 3L6 (905) 773-2362

# Markham Stouffville Hospital (12-18 yrs)

Child and Adolescent Outpatient Mental Health Program provides assessment and treatment for youth up to age 18 years with moderate-to-severe mental health conditions.

381 Church Street, PO Box 1800, Markham, ON L3P 7P3 (905) 472-7530

Southlake Regional Health Centre (Up to 18 yrs)

The Child and Family Clinic for Specialized Mental Health Services is a regional outpatient service for children up to 18 years of age who live in York Region.

596 Davis Drive, Newmarket, ON L3Y 2P9 (905) 895-4521 Ext. 2976

# York Hills Centre for Children, Youth and Families (up to 18 yrs)

Offers a range of mental health services for children up to 18yrs and their families.

• 402 Bloomington Rd., Aurora, ON L4G OL9 Head Office (905) 503-9560 or 1-866-536-7608

- 11225 Leslie St., Richmond Hill, ON L4S 1N5
- 10350 Yonge St., Richmond Hill, ON L4C 5K9 •

# Your Support Service Network (YSSN)

Provides support for individuals 16 yrs of age and older, living in York Region or Simcoe County, with a mental health need and/or addiction or dual diagnosis (mental health and/or challenging behavior and developmental disability). There is no fee for services.

Central Office: 240 Edward St., Unit 3, Aurora, ON L4G 1W2

South Office: 50 McIntosh Dr., Suite 239, Markham, ON L3R 9T3

Crisis Response Services: Crisis workers are available 24 hours per day 7 days per week to provide immediate telephone response. 1-855-310-COPE (2673)

Streamlined Access: A single point of entry for individual mental health case management services in York Region (289) 340-0348 or 1-844-660-6602

# York University Psychology Clinic - Psychological Assessments (4 yrs and up)

Provides neuropsychological assessments from 4 years of age and up. Fees based on a sliding scale. 104 Behavioural Science Building, 4700 Keele Street, Toronto, ON M3J 1P3 (416) 650-8488

# **Identification Supports**

# Air Tag

By using Find my App on your smartphone, you can locate items that you want to track. Buy in packages of 1 or 4 Air Tags.

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#### **GPS SmartSole**

A GPS monitoring system implanted into a removable sole that can be worn in most shoes. Monthly or quarterly monitoring and tracking fee applicable.

### **Ontario Photo Card** On-line applications accepted.

Provides government-issued identification to Ontarians who do not have a driver's license to open a bank account and perform any other activities that require official identification. Eligibility criteria: no driver's license, a resident of Ontario and 16 years of age and older. The fee is \$35 but may vary depending on your Ontario health card renewal date. To match your health card expiry date, your Ontario Photo Card renewal period may be less or longer than 5 years. (416) 235-2999 or 1-800-387-3445

### **York Regional Police Project Lifesaver**

Program combines radio technology with a coordinated police response to locate wandering and disoriented loved ones due to Alzheimer's, Autism or disability. 1-866-876-5423 Ext. 6668 projectlifesaver@yrp.ca

#### **Vulnerable Persons Registry**

In the event a vulnerable person requires police assistance, valuable caregiver contact and vulnerable person descriptive information can be accessed by police. If the vulnerable person is under 16 years old, the profile will need to be renewed every year on their birthdate. If over 16 years old a renewal is required every two years on their birthdate. Online registration is preferred.

York Regional Police Community Services 1-866-876-5423 Ext. 6877

#### **Transportation**

#### **Accessible Parking Permit**

An accessible parking permit is issued to a person with a temporary or permanent disability who meets the eligibility criteria to park in an accessible parking space. There are 2 parts to the application form: Part A- completed with customer information; Part B- completed by a healthcare practitioner. Download the fillable application here. 1-800-387-3445

#### Air Travel

Discounted rates or free travel is available for attendants accompanying individuals identified with a disability that prevents them from traveling alone safely. Contact the medical assistance department of air flight carriers of your choice for further details. Some airlines include but are not limited to the following:

Air Canada & Air Canada Jazz 1-800-667-4732 West Jet 1-877-737-7001 Air Transat 1-877-872-6728

#### **Dignity Transportation Inc.**

Provides accessible transportation for wheelchairs, scooters, individuals with mobility impairments, cognitive disabilities and children with special needs. Servicing the greater Toronto area as well as York, Peel and Durham Regions. Available 24 hours a day 7 days a week and will provide hand to hand service when requested. (416) 398-2222 or 1-866-398-2109 info@dignitytransportation.com

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# **GO** Transit

Allows one attendant travelling with a person with a disability to travel free on GO Transit or UP Express. If using PRESTO, ask a GO Transit or UP Express ambassador at the ticket counter to put a Support Person Sticker on the card.

### **iRide Plus**

Offers affordable, door-to-door, non-emergency community transportation that enables adults with disabilities to access health care programs and services. Not wheelchair accessible. 1-844-474-3301

### **The BTS Network**

Specializing in dedicated taxi sedan, minivan, shuttle van, and wheelchair accessible transportation. 9024 Keele St., Concord, ON L4K 2N2 1-877-284-7433

### **Routes Connecting Communities**

Facilitates transportation for those living within York Region who cannot, because of their financial, physical or mental challenges, travel by conventional transit or taxi. Not wheelchair accessible. 20849 Dalton Rd., Sutton, ON LOE 1R0 (905) 722-4616

### **Toronto Transit Commission (TTC)**

TTC Support Person Assistance Card: Identifies the cardholder as a person who, because of their disability, needs to be accompanied by a support person. The Support Person Assistance Card permits a support person to travel on TTC with the eligible fare-paying customer (cardholder) for free. (416) 393-3030

**TTC Wheel-Trans**: Eligibility is based solely on the presence of a disability that impacts a person's ability to travel on conventional transit. This service is honoured at no additional cost when traveling to destinations within the regions of Peel, York and Durham. (416) 393-4111

York Region Transit (YRT) Conventional public transit includes accessible low-floor or kneeling buses which travel on fixed-route public transit routes. The family of services include Viva bus rapid transit, local YRT routes, Community Bus routes, Dial-a-Ride and Travel Training. 5th Floor, 50 High Tech Rd., Richmond Hill, ON L4B 4N7 1-866-744-1119

Mobility On-Request Paratransit: Provides door-to-door, shared ride, accessible public transit service for individuals with disabilities. This service is available to registered users who are unable to use regular public transit due to a physical or functional disability. 1-866-744-1119

# **MyRide Travel Training Program**

The myRide Travel Training Program is for customers of all ages and abilities who need additional knowledge and skills in order to use YRT independently. The myRide Program offers train-the-trainer presentations, individual travel training and transit overview presentations to community organizations. 1-877-464-9675 ext. 75867 or myride@york.ca

Support Person Assistance Card: Identifies the cardholder as MyRide Travel Training Program person who, because of their disability, needs to be accompanied by a support person. The Support Person Assistance Card permits a support person to travel on YRT/Viva with the eligible fare-paying customer

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(cardholder) for free. The card is valid for a maximum period of three years and must be renewed upon expiry. 1-866-744-1119

Transit Assistant Program (TAP): Affordable transit fares for eligible York Region residents between 18 to 64 years of age. Includes Ukrainian arrivals with Canada-Ukrainian Authorization for Emergency Travel (CUAET), individuals with Indigenous status working on the Georgina Island Reserve and not receiving transit assistance through Ontario Works or ODSP.

#### **Online Community Databases**

#### **211 Ontario**

A helpline and online database of Ontario's community and social services. Call 211

#### **Centralhealthline.ca**

Operated by Central Local Health Integration Network (LHIN) as a source of health and social services information.

#### **MyCommunityHub**

An online registration of activities, classes, programs, workshops, respite and camps offered by Developmental Service Agencies (DSO) and their partners across Ontario.

#### **Special Need Products**

Database for money matters, news, events as well as discounted prices for many GTA and Toronto attractions, camps, recreational services, and respite support.

#### **Family Support Services**

#### **Brain Injury Association for York Region**

Provides free resources and advocacy for individuals with acquired brain injury (ABI) in York Region through support groups, workshops, and educational sessions. 1136 Centre St., Suite 354, Thornhill, ON L4J 3M8 (905) 922-0732

#### **Chinese Parent Support Group**

Cantonese and Mandarin WeChat Group for parents of children (under age 18) identified with a developmental disability. (647) 699-8416

#### **Community Living York South Family Network**

Provides educational workshops that help guide/inform/empower and support parents/family members and people with intellectual disabilities. Monthly meetings are held at CLYS from 7 pm.-9 pm. and offer networking opportunities. 101 Edward Ave., Richmond Hill OR 144 Main St., Markham (905) 294-4971

#### **SpecialDads.org**

Assists families of children with disabilities to find resources.

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#### **Down Syndrome Association of York Region**

Provides support and information to individuals identified with Down Syndrome and their families. 1-800-649-3696

### Family Support Network (FSN)

A parent/family network created to support families who care for a child or adult with an intellectual disability. Monthly meetings are held at Community Living Newmarket/Aurora District on the second Wednesday of each month. Susan Popper at info@familysupportnetwork.ca

### **Parent 2 Parent**

Assist parents and caregivers of children, youth and adults with developmental needs to select providers for respite and support services. Fill out the online contact information form for a free 15 minute phone consultation. 276 Carlaw Ave., Suite 308, Toronto, ON M4M 3L1 (416) 232-9444

### **Partners For Planning Resource Network**

A future planning resource for people with a disability, their families and caregivers. Learning modules include: relationships and networks, community and contribution, options for home, wills, estate and financial planning. info@p4p.ca

### Smile Canada-Support Services

Supporting families in Urdu, Arabic and English through various programs and services in a culturally responsive manner. Providing academic support, coaching, financial assistance, mentorship, occupational and physical therapy programs, service navigation, parent support groups and more. 1-888-959-8344 info@smilecan.org

### Spirit of Life Heep Chi Association 協智

Heep Chi Association follows the principle of Person Directed Planning and observes the needs of families in the context of their cultural background, with a focus on the needs of Chinese speaking families (Cantonese and Mandarin speaking). (905) 474-9500 or info@solhc.ca

# York Region Lifetime Independent Facilitation (YRLIF)

A person-focused service to connect families with individuals or groups to assist with transition planning and building networks of support to achieve individualized goals. 314 Botsford St., Newmarket, ON L3Y 1S5 (289) 803-0336

#### **York Resource Family Network**

A resource network providing support and direction to families with children who have disabilities. This committee stays up to date on the changes of legislation affecting developmental services in an effort to ensure that all families are aware of current updates. 1111 Davis Dr., Unit 1, Suite 167, Newmarket, ON L3Y 7V1 (905) 478-2888 Sandra Palmisano yrfn@neptune.ca

#### Your Support Services Network (YSSN)- Family Peer Mentor Support

Emotional support and resources for family caregivers caring for a child or adult with a developmental disability. Family Peer Mentors support by developing strategies for self-care, stress management, assisting in navigating community caregiver programs and resources, offering monthly support groups and workshops with a focus on self-care and wellness. (905) 898-6455 or 1-866-257-9776 contact@vssn.ca

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#### **Service Dogs**

### **Lions Foundation of Canada Dog Guides**

Lions Foundation of Canada's mission is to assist Canadians with a medical or physical disability by providing dog guides at no cost. Dog guide programs offered: Canine Vision, Hearing Ear, Autism Assistance, Service, Seizure Response, Diabetic Alert. 152 Wilson St., Oakville, ON L6K 0G6 1-800-768-3030 or TTY 1-905-842-1585

### **National Service Dogs**

Enriches the quality of life and enhances the independence of children and families living with autism and special needs by providing them with specially trained Labradors and Golden Retrievers. Training Centre, 1286 Cedar Creek Rd., Cambridge, ON N1R 5S5 (519) 623-4188 info@nsd.on.ca

### Life Skills and Educational Programs

### **Accessible Chef**

A collection of visual recipes and other resources to help teach cooking skills to individuals with disabilities.

### **Coulson Centre for Enhanced Education**

Direct instruction programs in various subjects including math, reading, writing, spelling and language. 457 Jevlan Dr., Unit 11, Woodbridge, ON L4L 7Z9 (289) 657-9633

#### **Illimitable Kitchen**

This 5 week virtual cooking program is for children, youth and adults with developmental disabilities. It focuses on healthy, delicious, simple meals and good eating habit information to encourage healthy living. Contact Chef Anthony at 416-898-0236 or chefanthonygo@gmail.com

#### Let's Cook! Life Skills-Kids with Autism

Uses multimedia videos, slides, images and text to demonstrate how parents and teachers can support individuals on the autism spectrum to build functional culinary skills.

#### **Marketplace G1 Course**

G1 preparation and training course. Community Living York South, 5694 Hwy 7, Markham, ON L3P 1B4 (905) 294-4971 Ext. 380

#### **SE Driver Assessment & Training**

Provides in car training to drivers with disabilities who have already obtained their G1 license. Specialized assessment with Occupational Therapist to determine needs for support and/or vehicle modifications. 100 Tempo Ave., Suite 330, Toronto, ON M2H 2R9 1-877-397-1035 driverinfo@sehc.com

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#### **Student Links**

A mentorship program focusing on 1 to 1 learning opportunities for students 14-21 with an intellectual disability to explore ideas for their future after high school. This program matches students and mentors who naturally share a common interest. Email Dana at Community Living Ontario dlabrash@communitylivingontario.ca

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