



Provincial or National Sport Organization Verification Letter

Note: This form should be completed by a staff member of a provincial or national governing body of your sport (provincial sport organization or national sport organization).

For example: Skate Canada, Tennis Canada, or Swim Ontario. This is NOT to be completed by your coach.

The individual completing this form should be aware of the athlete's participation at the high performance level and/or their involvement in a high-performance pathway in alignment with the organization's Long Term Athlete Development (LTAD) model.

PSO/NSO INFORMATION

ORGANIZATION NAME:	NAME OF PSO / NSO:
NAME OF STAFF MEMBER:	INDIVIDUAL COMPLETING FORM:
OFFICIAL TITLE:	POSITION AT PSO/NSO:
CONTACT INFO (EMAIL):	EMAIL ADDRESS:

ATHLETE INVOLVEMENT

Please provide details of the provincial or national program or level of competition that this athlete is currently involved with.

Examples:

1. This athlete is currently ranked 10th overall in our national rankings system in the 200m breaststroke.
2. This athlete is a member of our national "targeted athlete strategy" (TAS) program which aims to develop players for national and international competition.

ADDITIONAL INFORMATION

Please answer the following questions to the best of your ability. If a question below is not applicable, it can be left blank.

In your opinion, is this athlete on a high-performance pathway (i.e. provincial/national/international competition)?	
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To your knowledge, how long has this athlete been involved with a club or team that is sanctioned by your organization?	
Do training models and schedules of high school-aged athletes in this sport require this athlete to have a modified school schedule to accommodate training and/or competition?	

If students cannot get the above verification form completed, they may choose to provide verification through one of the following measures (in order of preference):

Proof of provincial, national, or international rankings

These should include print-outs and current web-links to rankings published by a provincial or national sport organization, or an international sport league.

Proof of ongoing involvement in the competitive stream of your sport(s)

This can include a print-out of, or website link to, results from a high-level competition that may or may not have been sanctioned by a PSO or NSO.

Application Criteria Attached: a yearly training plan (YTP) provided by your coach

A detailed, periodized, long-term program that indicates areas of training focus, volume and intensity considerations, and key competition dates.

Additional Comments or Feedback:

If there is any additional information that you would like to add to this application, please feel free to provide it below:

Signature

Date