

Aldergrove PS - Summer Institute Electives

****Available to youth entering Grades 4-8 only.**

Artzcool

You don't have to be an artist to be cool! If you like using your creativity, this is the place for you! Painting, drawing, colouring, collage making, crafts, and so much more! The sky is the limit because we try it all!

Basketball

An emphasis on basketball fundamentals is provided: ball handling and dribbling, fast breaks, lay-ups, passing, rebounding, setting screens, and zone defense.

Bucket Drumming

Get a real BANG out of your summer. Join Bucket drumming and learn basic rhythm skills as well as cool beats. Create exciting pieces of music working with other percussionists.

Dance Fit

Participants will enjoy a week full of the latest music while combining forms of dance, Zumba, and other movement styles to energize and motivate for an active lifestyle.

Fun Fitness

This fun and energetic elective will combine forms of dance, mindfulness, Zumba, jogging, and other movement styles to energize and motivate for a healthy lifestyle. Topics of mental health and healthy eating will also be addressed.

Game On

In Game On, you will learn a new "high energy" game every day that you can play with your family and friends. Some of the games will range from "Capture the Flag", "Spud", "Frozen Critters" to various forms of dodgeball. Participants will also have an opportunity to create their own games.

Games Wizard

Invent your own reality! Learn about and play games such as chess, checkers, backgammon, minecraft, and wizards 101. Get ready to enjoy a week exploring and problem solving through themed and hands-on activities. Participants will work on different projects each week, incorporating concepts that will engage young minds.

International Language - Mandarin Simplified

Provides any child with the opportunity to immerse themselves in an international language. Participants who register for this elective will learn about the language and culture through different mediums such as; art, music, and literature, while also learning to listen, speak, read and write in the international language.

Karaoke Stars

Have you ever wanted to perform Karaoke? Well here is your chance to shine. Participants will practice and showcase their singing talent in a creative way!

Makerspace

Participants can plan, create and manipulate their creative ideas. They will have opportunities to invent, tinker, explore and discover using a variety of tools and materials, and technology. Participants will also experience break out boxes and board games.

Naturally Curious

Take a closer look at the world outside your doorstep! Go on an insect safari, play some cool interactive nature games, make some nature crafts, learn how to be a nature detective, and become more aware of the wildlife that shares our city with us! This program will run outdoors, rain or shine.

Ready, Set, Cook

Continues to offer the basics of food preparation and cooking. Participants will eat their daily creations and take home a recipe book at the end of each session.

Ready, Set, Robotics

Participants will be introduced to a variety of different robotics. Come and explore the latest robotics and get ready to program and work through this self-directed program at your own pace.

Rhythm Fusion

Get a real BANG out of your summer! Explore your musical interests and create exciting pieces of music through a variety of kinesthetic forms such as drumming, body percussion, working with digital tools, and a variety of other instruments.

Sew Crafty

Create cool crafts and hot trends in Sew Crafty! A hand sewing program that will teach you hand stitching and embroidery. Create one-of-a-kind pieces that will catch everyone's attention.

Soccer

"Pass, shoot and score!" In this elective, participants will make use of a variety of training equipment to take their soccer skills to the next level.

Sportacular Fun

Participants will enjoy a variety of fun filled games while learning the tactics, strategies and fundamental skills of team and individual sports.

Volleyball

"Bump, set, spike!" Setting, passing, serving, and spiking are only some of the techniques you'll get to practice while playing this energetic sport.

Wacky Science World

Get ready to enjoy a week jam-packed with discovery and exploration through themed, hands on activities in the wonderful world of science. Developed for budding scientists, participants will learn new and exciting concepts that will excite the scientist at heart.