

Sixteenth Ave. PS - Summer Institute Electives

****Available to youth entering Grades 4-8 only.**

Actor's Studio

Love to be on stage? Come have fun learning the basic fundamentals of drama and improvisation in a fun-filled atmosphere where creativity and individual expression are encouraged.

Artzcool

You don't have to be an artist to be cool! If you like using your creativity, this is the place for you! Painting, drawing, colouring, collage making, crafts, and so much more! The sky is the limit because we try it all!

Ball Sports

Looking for fast-paced excitement? Learn the fundamentals of a variety of ball sports like tennis, volleyball, hockey, football, soccer, and basketball and apply them to game situations.

Basketball

An emphasis on basketball fundamentals is provided: ball handling and dribbling, fast breaks, lay-ups, passing, rebounding, setting screens, and zone defense.

Bucket Drumming

Get a real BANG out of your summer. Join Bucket drumming and learn basic rhythm skills as well as cool beats. Create exciting pieces of music working with other percussionists.

Clay Play

Using clay and your creativity to make something from nothing, you will create your own item from scratch with raw clay. After you have created an original piece of art, you will use acrylic paint to enhance your design.

Cycling

Interested in learning how to maintain a bike? Want to know the rules for the road? Then come biking with us through the community; we'll lead the way! This elective is not recommended for beginner bikers.

Digi Art

Students will learn the basics of digital photography. Each day's lesson will begin with a brief classroom introduction to a photographic technique (such as using the rule of thirds, photographing textures, using the macro setting, etc.). Students will then have the opportunity to experiment with their cameras and develop their skills with each technique learned. Students will choose a few of their favourite photos from the week's work to print and frame. They will write a short reflection piece for each of their photos, describing what makes their artwork effective.

FIFA Soccer

World Cup Soccer is here! In this elective, participants will cheer and play for a nation while learning and practicing soccer techniques. Build unique skills and leadership through the excitement of scrimmages and real-game action.

Fun Fitness

This fun and energetic elective will combine forms of dance, mindfulness, Zumba, jogging, and other movement styles to energize and motivate for a healthy lifestyle. Topics of mental health and healthy eating will also be addressed.

Game On

In Game On, you will learn a new "high energy" game every day that you can play with your family and friends. Some of the games will range from "Capture the Flag", "Spud", "Frozen Critters" to various forms of dodgeball. Participants will also have an opportunity to create their own games.

International Language - Farsi

Provides any child with the opportunity to immerse themselves in an international language. Participants who register for this elective will learn about the language and culture through different mediums such as; art, music, and literature, while also learning to listen, speak, read and write in the international language.

Model Building

Participants will choose from a variety of model kits and proceed, at their own pace, in the assembly of a model. Models are either wood or plastic and come in such shapes and ships, cars and buildings! Participants will be able to paint their model and take it home at the end of the week.

Naturally Curious

Take a closer look at the world outside your doorstep! Go on an insect safari, play some cool interactive nature games, make some nature crafts, learn how to be a nature detective, and become more aware of the wildlife that shares our city with us! This program will run outdoors, rain or shine.

Net Sports

Looking for fast-paced excitement? Learn the fundamentals of a variety of net games like badminton, tennis, table tennis and volleyball and apply them to game situations.

Ready, Set, Cook

Continues to offer the basics of food preparation and cooking. Participants will eat their daily creations and take home a recipe book at the end of each session.

Ready, Set, Robotics

Participants will be introduced to a variety of different robotics. Come and explore the latest robotics and get ready to program and work through this self-directed program at your own pace.

Sew Crafty

Create cool crafts and hot trends in Sew Crafty! A hand sewing program that will teach you hand stitching and embroidery. Create one-of-a-kind pieces that will catch everyone's attention.

SI's Got Talent

Do you have an unique talent? Can you sing, dance or play an instrument? Practice your hidden talent and show off your act.

Tournament of Champions

Climb the ranks in structured tournaments including air hockey, foosball, ping pong and other competitive games.

Wacky Science World

Get ready to enjoy a week jam-packed with discovery and exploration through themed, hands on activities in the wonderful world of science. Developed for budding scientists, participants will learn new and exciting concepts that will excite the scientist at heart.