

#### Respect

We respect ourselves and treat others with courtesy, dignity, and positive regard. We honour the rights of others. We respect their belongings, the environment and the world around us.

## Responsibility

We are accountable for all our actions. We follow through on our commitments.

### Honesty

We behave in a sincere, trustworthy, and truthful manner.

### Empathy

We strive to sense and appreciate the emotions of others, to "stand in their shoes." We demonstrate appreciation of and concern for their feelings. We try to understand issues from their perspectives even though we may not agree with them personally.

#### Fairness

We are sensitive to the needs of each individual. We treat each other as we wish to be treated ourselves. We interact with others without stereotyping, prejudice or discrimination. We stand up for human rights.

#### Initiative

We act without being prompted by others. We are eager to do what needs to be done without having to be told to do it. We take the first step towards the achievement of a goal.

#### Perseverance

We stick to a goal and work hard even in the face of obstacles and challenges. We complete all tasks and assignments.

### Integrity

We are truthful and sincere. We ensure consistency between what we say and what we do as well as between what we believe and how we behave.

### Courage

We face challenges directly. We seek help from others when necessary. We do the right thing even when it may be unpopular. We are able to recognize risks and danger and do not take unwise risks to gain the approval of those around us.

# Optimism

We maintain a positive attitude. We look on the brighter side of situations. We are able to see opportunities even in the face of adversity. We have hope for the future.

