

Career Exploration and Experiential Learning Fact Sheet

Experience	Description	Key Requirements
Career Exploration Activities	Activities that allow students to explore career opportunities through worksite tours, career conferences or competitions (e.g., Skills Canada), simulation activities (e.g., Junior Achievement), or contact with a career mentor May be incorporated into any credit course Count towards the Experiential Learning component required for an SHSM	Preparation for every activity, including review of learning expectations, activity protocols, and workplace health and safety Opportunity for students to reflect on the activity Completed field trip form and transportation agreement
Job Shadowing ½ to 1 day (in some cases up to 3 days)	One-on-one observation of a worker at a place of employment May be incorporated into any credit course Counts towards the Experiential Learning component required for an SHSM	Teacher selection of an appropriate placement in a safe work environment Preparation for the placement, including review of learning expectations, activity protocols, and workplace health and safety Opportunity for students to reflect on the experience Completed field trip form and transportation agreement WSIB coverage if placement is more than 1 day
Job Twinning ½ to 1 day	One-on-one observation of a cooperative education student at his or her placement May be incorporated into any credit course Counts towards the Experiential Learning component required for an SHSM	Pairing of a student with a cooperative education student Preparation for the placement, including review of learning expectations, activity protocols, and workplace health and safety Opportunity for students to reflect on the experience Completed field trip form and transportation agreement
Work Experience / Virtual Work Experience* 1–4 weeks	A planned learning opportunity that provides students with a relatively short-term work experience. Virtual work experience is facilitated through the use of communications technology at the school. May be incorporated into any credit course Counts towards the Experiential Learning component required for an SHSM.	Placement assessment Pre-placement instruction addressing job-readiness skills, placement expectations, and workplace health and safety Opportunity for students to reflect on the experience Development of a learning plan Monitoring of student's work at actual or virtual site at least once during the experience (<i>recommended</i>) WSIB coverage

* See the Virtual Cooperative Education Fact Sheet at www.edu.gov.on.ca/eng/teachers/studentssuccess/expansion.html for information on accessing employers.

For more information, refer to *Cooperative Education and Other Forms of Experiential Learning: Policies and Procedures for Ontario Secondary Schools, 2000* at www.edu.gov.on.ca/eng/document/curricul/secondary/coop/cooped.pdf.